



TRAVEL GUIDE 2018

LOFOTEN





LOFOTEN has been welcoming guests from near and far for hundreds of years and now it's your turn to savour everything Lofoten has to offer. The natural history and landscape of Lofoten are truly majestic and breathtaking, and the region is a mecca for those seeking inspiring walks, canoeing, diving, climbing, surfing, skiing, and lots more besides. All you have to do is relax and have fun. We also trust that you will help us to keep our natural environment clean and beautiful, so that those who follow on after you can also enjoy the same stunning scenery. To help you plan your trip, we've put together this brochure that we hope will be useful

to you. In it, we've brought together everything that Lofoten has to offer in the way of activities and experiences, accommodation and places to eat. You'll find ideas for tours and family activities, and information about the Lofoten Fishery and local food, along with some handy tips for your stay. We hope you have a wonderful time, because we really want you to have a holiday to remember. Just don't forget to sit still for a moment here and there, and simply enjoy the inherent beauty and tranquillity of this extraordinary place.

Welcome to Lofoten!

Elisabeth Dreyer
Manager
Destination Lofoten

If you would like more information about Lofoten, please visit us at www.lofoten.info. You can book accommodation and activities here.



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ABOUT THE LOFOTEN GUIDE

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SYMBOLS



Prices are 'from' and per person in NOK, presented as 'adult/child'. If price '0 NOK' = self-guided visits or some activities are unpriced. Contact the venue for more information.



Map reference / location



Shows season / period, when product is available.



Number of beds / accommodation



Number of rooms / accommodation



Capacity / conference



Seats / food served



Company



Location / place

'Pets allowed' only applies to certain units on the site.

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TORGHATTEN NORD

A TORGHATTEN GROUP COMPANY



EXPRESS BOATS

Online booking www.reissjøveien.no

Route information www.177nordland.no

FERRIES

Online booking and route information:

www.torghatten-nord.no or booking telephone +47 908 20 700

EXPRESS BOAT:

Bodø – Helgeland

Bodø – Svolvær

Bodø – Helnessund

FERRY CONNECTIONS:

Bodø – Røst – Værøy – Moskenes

Bodø – Moskenes

Svolvær – Skutvik – Skrova

Lødingen – Bognes

TORGHATTEN NORD – your best choice!

TRAVEL TO LOFOTEN

© Marita Haugen

FLIGHTS TO LOFOTEN

• Oslo Gardermoen – Harstad/Narvik (Evenes):	1h 40 min	www.sas.no , www.norwegian.no
• Oslo Gardermoen – Bodø	1h 30 min	www.sas.no , www.norwegian.no
• Oslo – Svolvær	2h 20 min	www.wideroe.no
• Oslo – Leknes	2h 20 min	www.wideroe.no
• Bodø – Svolvær	20 min	www.wideroe.no
• Bodø – Leknes	20 min	www.wideroe.no
• Leknes – Røst	25 min	www.wideroe.no
• Bodø – Røst	25 min	www.wideroe.no
• Bodø – Værøy	25 min	www.lufttransport.no
• Tromsø – Svolvær	1h 15 min	www.wideroe.no
• Tromsø – Leknes	50 min	www.wideroe.no

BUS

(www.177nordland.no)	
• Narvik-Evenes-Svolvær-Leknes-Å	7h 50 min
• Bodø-Svolvær	7h 30 min

EXPRESS BOAT

(www.thn.no)	
Bodø-Skrova-Svolvær	3h 30 min

HURTIGRUTEN

(www.hurtigruten.no)	
• Bodø-Stamsund	3h 45 min
• Bodø-Svolvær	6 hours
• Stokmarknes-Svolvær	3 hours
• Stokmarknes-Stamsund	5h 30 min

TRAINS

(www.sj.se , www.nsb.no)	
• Kiruna – Narvik	3h 20 min
• Trondheim – Bodø	9h 35 min

FERRY CONNECTIONS

(www.thn.no , * www.177nordland.no)	
• Bognes-Lødingen	60 min
• Melbu-Fiskebøl	25 min*
• Skutvik-Skrova-Svolvær	2h 15 min
• Bodø-Røst	4,5-5 hours
• Bodø-Værøy	3,5-5 hours
• Røst-Værøy	2 hours
• Værøy-Moskenes	1,5 hours
• Bodø-Moskenes	3-3,5 hours

DISTANCES

• Svolvær – Moskenes* – Bodø:	124 km
• Svolvær – *Skutvik – Bodø:	230 km
• Svolvær – Lødingen* – Bodø:	338 km
• Svolvær – *Melbu – Andenes:	185 km
• Svolvær – Gullfjordbotn – Andenes:	211 km
• Svolvær – Lødingen:	101 km
• Svolvær – Harstad:	168 km
• Svolvær – Evenes Lufthavn:	165 km
• Svolvær – Narvik:	238 km
• Svolvær – Kiruna:	378 km
• Svolvær – Tromsø:	420 km

* Ferry connections
Source: Google Maps

TRANSPORT

	CAR	VAN	MINIBUS	BUS	CHARTER BUS	TAXI	QUAD	SNOWMOBILE	AIRPORT	CUSTOMISED TOURS	E-MAIL/TELEPHONE	SEASON
J8 AVIS BUDGET BILUTLEIE Avisgata 11, Svolvær	•	•	•								svolvar@avis.no (+47) 76 07 11 40	01.01-31.12 www.avis-lofoten.com
J8 Europcar Bilutleie Svolvær: Sivert Nilsens gt 43/Leknes: Verksvn 12	•	•									svolvaer@europcar.no (+47) 76 07 00 00	01.01-31.12 www.europcar.no

TOURIST INFORMATION CENTRES

		EMAIL/WEBSITE	SEASON
J8 Svolvær turistinformasjon Torget, Svolvær	(+47) 76 07 05 75	info@lofoten.info www.lofoten.info	01.01-31.12
F12 Leknes turistinformasjon Leknes	(+47) 76 08 75 53	vti@online.no www.lofoten.info	01.01-31.12
D13 Flakstad turistinformasjon Ramberg	(+47) 45 22 74 47	maria@investfjord.no www.lofoten.info	01.01-31.12
D16 Moskenes turistinformasjon Moskenesøy	(+47) 98 01 75 64	tour-off@lofoten-info.no www.lofoten-info.no	02.05-04.09
D20 Værøy turistinformasjon Fergeleiet og Rådhuset, Sørland	(+47) 75 42 06 14	turistkontor@varoy.kommune.no www.lofoten.info	20.06-20.08
B24 Røst turistinformasjon Rådhuset og fergeleiet, Røst	(+47) 76 05 05 00	postkasse@rost.kommune.no www.lofoten.info	15.06-15.08

SCHEDULES AND TRAVEL PLANNING

- Information about Lofoten: www.lofoten.info
- Information about Northern Norway: www.nordnorge.com
- Information about Norway: www.visitnorway.no
- Hurtigruten: www.hurtigruten.no
- Buses and ferries in Nordland: Tel. 177 or www.177nordland.no
- Ferry schedules and tickets: Tel. (+47) 908 20 700 / www.thn.no



© Hov Hestegård, Kristin Folsland Olsen



© Lofotakvariet, Ernst Furuhatt - nordnorge.com



© Kaviar Factory, Henningsvær – John Stenersen

FROM AUSTVÅGØY TO GIMSØY

SVOLVÆR - KABELVÅG - HENNINGSVÆR - GIMSØY

Start the day with an amble out to the breakwater, before wandering around Svolvær's diverse shops, or spend a few hours on a boat trip to the mighty Trollfjord. Follow the E10 to the medieval town of Kabelvåg, where you can see Lofoten Cathedral, one of Norway's biggest wooden churches, and the village used by fishermen during the Lofoten fishery. The town of Kabelvåg has preserved much of its old architecture, and from its square, you can see the statue of King Øystein on the hill. A few hundred metres away is Storvågan, where you can learn more about Lofoten's story in museums and galleries. See what lives under the waves in the aquarium, before continuing to the famous fishing village of Henningsvær, with its 'rorbu' fishermen's cabins, drying racks, lovely harbour, galleries and arts and crafts. Carry on to Gimsøy, turning left after the bridge to go horse riding or golfing.



ROUTE INFORMATION

Start: Svolvær. End: Hov. Distance: about 60 km / 1.5 hour drive. Route planner: E10, FV816, FV861, FV862



© Lofoten Explorer



© Lofoten Diving,



© Ballstad, Hattvika Lodge

FROM AUSTVÅGØY TO VESTVÅGØY

EGGUM - SVOLVÆR - LINGVÆR - GRUNNSTAD - BORG - BALLSTAD

Browse the galleries and museums of Svolvær with their modern and traditional oil paintings, watercolours, ice sculptures and jewellery, and North Norway's largest art shop all inspired by the surrounding landscape. Take the E10 to Lyngvær, stopping off to consider Vågan's contribution to Artscape Nordland. Carry on along the E10 to Grunnstad, and use the bird observation tower and its information boards to view the many bird species found in this rich wetland area. There are three of these towers along the National Tourist Route in Lofoten. When you get to Vestvågøy, an agricultural county, visit one of the many farms producing cheeses, herbs and spices. Take a detour to tiny Eggum village and see another of Artscape Nordland's sculptures. This is a beautiful hiking area, and a popular place to see the midnight sun. Visit the Viking Museum at Borg, and see Europe's biggest chieftain's house. Turn off the E10 and follow the RV 818 out towards the idyllic fishing village of Ballstad. From here, there is a delightful walk to the summit of Ballstadheia, or you can head out to sea to try your luck at fishing. Enjoy cold refreshments on the pier before you head for bed in your cosy rorbu.



ROUTE INFORMATION

Start: Svolvær. End: Ballstad. Distance: about 100 km / 2 hours' drive. Route planner: E10, FV831, FV829, RV818



© Røst, Baard Løken - nordnorge.com



© Kjerkfjorden, Tomasz Furmanek - visitnorway.com



© Bakeriet Å, Cabday Foap

FROM FLAKSTADØY TO RØST

FLAKSTAD - MOSKENES - VÆRØY - RØST

Wake yourself up with a morning dip on Ramberg beach, then drive west along the E10. Admire the views from the Akkarvikodden viewpoint on the National Tourist Route, before heading down to Hamnøy, Sakrisøy, Reine and Å. Take your time, and enjoy the kittiwake cliffs, landscape, culture and many exciting museums in this area – not forgetting Å's cinnamon swirls. Take the ferry from Moskenesvågen to Røst, where you will quickly spot that both the sports centre and bar have Querini in their name. Learn the dramatic story of Røst's connection with Italy, and stare in wonder at the sheer volume of stockfish that hang on the racks each year before being exported to the Italian market. Enjoy a boat trip to see the bird life around Røst and end the day with a trip to the stone church ruins from 1835. Walk to Skomvær Lighthouse, and stay overnight in Røst Bryggehotell.

ROUTE INFORMATION

Start: Ramberg. End: Røst. Distance: about 35 km by car / about 30 min drive + 1 ferry, 3 hours / total about 3.5 hours. Route planner: E10



© Nusfjord, Terje Rakke - Nordic Life_nordnorge.com



© Unstad Arctic Surf, Bourke-Steer Photography



© Smeden i Sund, Ernst Furuhatt - nordnorge.com

FROM VESTVÅGØY TO FLAKSTADØY

LEKNES - NAPP - VIKTEN - NUSFJORD - SUND

The dozens of inviting and exciting shops at Leknes shopping centre are enough to make shopaholics of us all. Drive along the E10 through the Napp tunnel, then stop at Nappskaret and take in the view from the top. Turn right in Vareid and head for Vikten, a village at the foot of Marbakken, where you can buy locally produced ceramics and glassware. Drive on to the famous old fishing and trading village of Nusfjord, with a well-preserved history and unique character, where you can still pop down to the general store. Go fishing here from a big boat, or hire a small one. Carry on to Flakstad and its church built from Russian timber, where regular summer concerts are held under the distinctive onion dome. Further on is Ramberg, whose beach attracts people from all over the world. Turn off the E6 towards Sund, and feel the heat from the blacksmith's forge. The smithy here is famous for its iron cormorants, and the chug of the boat museum's engines will bring back memories of your childhood seaside holidays.

ROUTE INFORMATION

Start: Leknes. End: Sund. Distance: about 65 km / 1.5 hour drive. Route planner: E10, FV804, FV807, FV810





The world's most beautiful journey

Travel by sea or take the Lofoten express bus (Lofotekspressen) over land and explore the best that Lofoten has to offer. Our routes have frequent departures and cover Lofoten by sea and land, with coordinated routes, many of which correspond with each other. Plan your journey on 177nordland.no. We can also show you the best and quickest journeys, making it easy to travel smart.

Download our app, 177nordland or visit 177nordland.no



Experience as much as you want for kr 990,-

Check out the Travel Pass Nordland - the travel card that allows you to travel as much and as often as you like by express boat and bus across the whole of Nordland for seven days. Children under 16 pay NOK 495 for the travel card. Ferries are not included. Travel Pass Nordland can be purchased on board all our buses and boats. Read more on: 177nordland.no/travelpass



Route information
Telephone: 177
177nordland.no



© Kai Otto Melau



© Alex Conu-visitnorway.com

CYCLING IN LOFOTEN

Lofoten is famous for its dramatic natural landscape, and it's perfect for cycling - much of the terrain is surprisingly flat and easy.

The roads can be quite busy if you travel on the E10 in high season, but there are plenty of quieter side roads to choose from. These lovely roads also allow cyclists to get close to small communities off the beaten track. You can often find yourself cycling almost completely alone in a peaceful, open landscape with stunning views wherever you look.

Evening bike rides, especially in the west and north of the region between late May and mid July, will also give you the chance to cycle under the midnight sun. And if you can avoid the month of July, you can enjoy your cycling holiday without most of the summer traffic. Sea birds, including sea eagles, can be seen in Lofoten all year round.

The distances are relatively short: the furthest, from Fiskebøl to Å along the E10 is about 160.7 kilometres.

There are ten tunnels, totalling 7.5 kilometres in length. Cyclists are advised to bring waterproof and windproof clothing, good shoes, gloves, reflective vests, helmets, good lights and reflectors for the bikes and a first-aid kit.

SUGGESTED ROUTES

FISKEBØL-LAUKVIK-SVOLVÆR: 68 KM

Catch a bus or ferry to Fiskebøl. From Fiskebøl, follow the outer edge of Austvågøya to a stunningly beautiful area. Incredible sandy beaches and ideal hiking terrain mean that you will definitely want to take your time. In summer, you can enjoy the midnight sun at Laukvik. The route winds between moorland, lakes and fjord arms. The last part of the route is on the E10.

HENNINGSVÆR-STAMSUND: 63 KM

Back to the E10 and past Lyngvær, cycle over Gimsøy Bridge with its lovely views, and stop off to walk around Gimsøy. Very few cars, lovely walking country and stunning sandy beaches make this a superb trip. In summer, enjoy the midnight sun from the north side of this island. You can also stay overnight in Hov. To get to Vestvågøy, you have to cross Sundklakkstraumen. Follow RV 815 along the southern edge, turn off onto Valbergveien, a relatively quiet, tarmacked road, and cycle on to Stamsund.

For timetables and more information about our cycling routes, take a look at our website www.lofoten.info

Visit
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in Lødingen

- Rooms for rent
- Guided tours for groups
of min. six persons

www.arcticgarden.net ☎ +47 99232395

BICYCLE HIRE IN SVOLVÆR
We have a good selection of different types of bikes for hire with all the accessories you'll need. We also offer panniers at NOK 40 per day and bike trailers at NOK 175 per day.

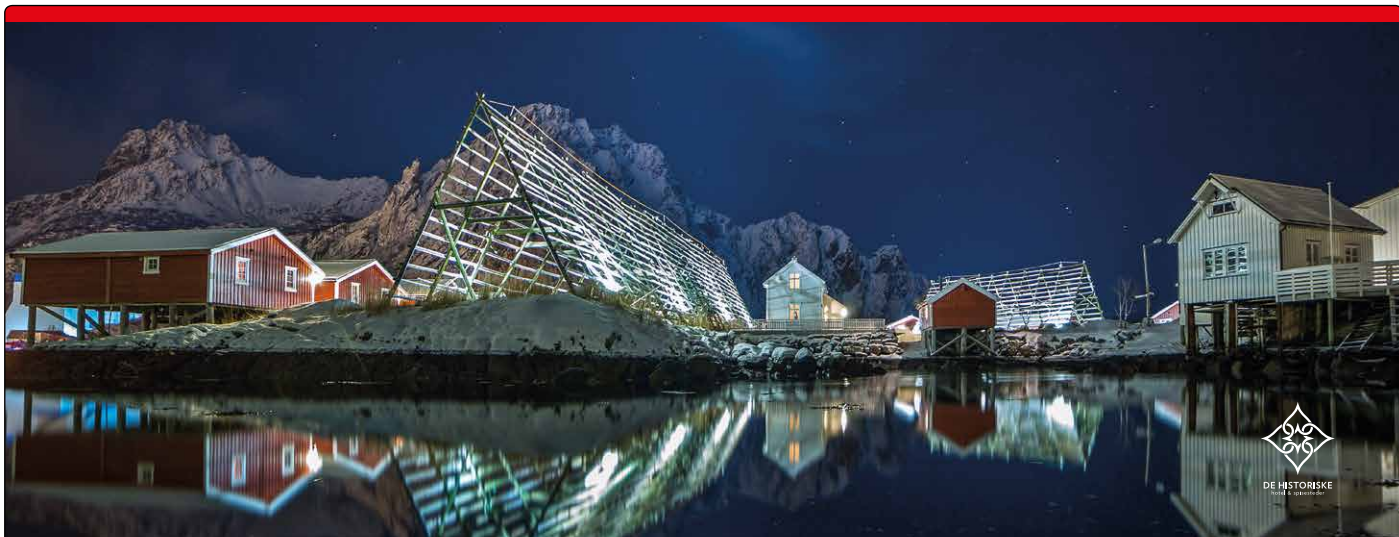
🕒 01.05 > 30.09 🛒 **NOK 250**

📍 **Lofoten Rorbuer**
Jektveien 10, Svolvær (+47) 91 59 54 50

✉ post@lofoten-rorbuer.no
🌐 www.lofoten-rorbuer.no



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TROLLFJORD & SEA EAGLE RIB SAFARI



SUMMER
 1. June – 31 August

Departures every day at 11:30 and 14:00
 July: 09:30 – 11:30 – 14:00
 (extra: 16:00)

AUTUMN/WINTER/SPRING
 1. September – 31. May

Departures every day at 11:30
 (extra: 14:00)

PRICES:
 Adults NOK 800/Children NOK 650

AVAILABLE FOR CHARTER TRIPS

ALL YEAR!



BOOKING: +47 971 52 248 / post@lofoten-explorer.no

www.lofoten-explorer.no



© Vegar Moen



© Jarle Wæhler- Statens Vegvesen

NATIONAL SCENIC ROUTE THROUGH LOFOTEN

National Scenic Routes are specially selected driving tours through the very best scenery that Norway has to offer. The E10 through Lofoten is one such designated National Scenic Route.

Fortunately, there are still roads which are not simply designed to get you from A to B as quickly as possible. National Scenic Routes are beautiful driving tours that are a little out of the ordinary. The Norwegian Public Roads Administration has created these routes for you to explore. They offer spectacular viewpoints, facilities, car parking, outdoor furniture, paths and artwork. Bold innovative architecture set in magnificent landscapes is a hallmark of all the National Scenic Routes. Along the Scenic Route through Lofoten, these are some of the "attractions" you will encounter:

1. AKKARVIKODDEN (Moskenes)

The rest area has granite furniture, magnificent views over the sea to the south east and a toilet building which mimics the steep mountains of the raw Lofoten landscape.

2. RAMBERGSTRANDA (Flakstad)

Next to the beautiful beach surrounded by majestic mountains is a photographic viewpoint. A narrow path made from railway sleepers leads down to the beautiful beach.

3. EGGUM (Vestvågøy)

Facing the ocean is a rest area in the shape of an amphitheatre, with car parking and toilet facilities.

4. TORVDALSHALSEN (Vestvågøy)

This is a rest area that offers fantastic views over Vestvågøya. It is surrounded by long screens and benches that provide protection against the wind and weather.

5. AUSTNESFJORDEN (Vågan)

The rest area is situated south of Sildpollen, and a wooden walkway has been built that floats on the landscape. It offers fantastic views across to the stunning mountains and Sildpollneset chapel.

For more information on other spectacular viewing points, service buildings and rest areas in Lofoten, visit www.nasjonaleturistveger.no



Glasshytta
VIKTEN

Glass-blowing
Ceramics workshop
Café

Open every day 10 a.m. – 7 p.m.
Vikten – 17 km (11 miles) from Leknes

MEET THE COD!

Lofoten depends on the Lofoten fishery for its livelihood. SKREI Experience Center allows you to get close to the nature, culture and history of the world's most beautiful islands.



GALLERI ESPOLIN

– Prepare to be moved by the expressiveness of this artist



LOFOTMUSEET

– Feel the rush of history at the fishing village owner's residence



LOFOTAKVARIET

– Experience life in the Lofoten Sea



SKREI
OPPLEVELSESSENTER

SKREI EXPERIENCE CENTER

Storvågan • Kabelvåg
T: +47 76 15 40 00
M: skrei@museumnord.no
W: www.museumnord.no/skrei-opplevelsessenter





© Flakstad, Schibevaag Adventure



© Hov Hestegård

TIPS FOR FAMILIES

Lofoten boasts a whole host of exciting family activities. Children love to explore, discover, play and learn here. See below for a list of family-friendly activities:

LOFOTEN AQUARIUM

Feeding time for the seals and otters is a real highlight at the Lofoten Aquarium, but you can also learn all about Arctic Cod and the other fish that live in the seas around Lofoten.

HORSE-RIDING ON ICELANDIC HORSES

Horse-riding trips along Lofoten's chalk-white beaches have become an extremely popular family activity, with options for both long and short excursions.

LOFOTR VIKING MUSEUM

Travel a thousand years back in time at the Viking Museum, and find out how the Vikings lived in Lofoten. Row a Viking ship, fire a bow and arrow, watch the blacksmith in his forge and eat Viking food.

A DAY ON THE FARM

A farm visit to Aalan Gård and Lofoten Farm Cheese Factory is great for children. Come and meet the animals, then have lunch in the farm cafe and enjoy the taste of local cheeses and herbs from the herb garden.

PLAY ON CHALK-WHITE SANDY BEACHES

Lofoten boasts a large number of incredible beaches that are perfect for play and exploration. Some of our favourites are: Bunesstranda, Rambergstranda, Hauklandstranda, Uttakleiv, Hovstranda, Rørvikstranda and Kallestranda.

STAND UP PADDLE BOARDING (SUP)

SUP is an activity that is becoming increasingly popular and is perfect for kids on calm summer days.

FISHING TRIPS

"A real Lofoten cod am I, for I was born in Henningsvær..." Fishing for Lofoten cod is a must when you are in Lofoten.

GO HIKING

Lofoten has a host of easy, family-friendly trails where you can explore nature among the mountains and fjords.

SNORKELLING

Anyone who likes the water will love snorkelling and observing life beneath the surface.

ART AND GALLERIES

Children often find art exciting and fascinating. There are many wonderful galleries in Lofoten.

INDOOR PLAY AREA, THE OLD SCHOOL

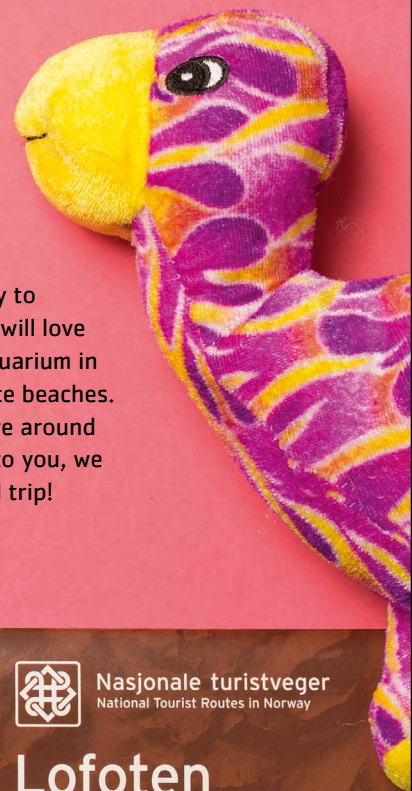
Visit what is maybe Norway's smallest indoor play area in Lyngedal. Whilst the children are enjoying themselves, you can enjoy good coffee and homemade cakes in the café.



© Lekeland - Gamle Skola



EXPLORE LOFOTEN



In Lofoten there is a lot for the whole family to experience, regardless of age. The children will love the Viking Museum at Borg, the Lofoten Aquarium in Kabelvåg and discovery trips along the white beaches. You can experience Lofoten's exciting nature around every corner. What you choose to do is up to you, we will take care of the transport. Have a good trip!



BYRAA Painting "Brev hjem" by Eva Harr



Travel Pass Nordland is a travel card that allows you to travel as much as you like by express boat and bus across the whole of Nordland for seven days for NOK 990. Children up to the age of 15 pay NOK 495 for the travel card. Travel Pass Nordland can be purchased on board all our buses and boats. Ferries are not included. Plan your journey on 177nordland.no

Read more and be inspired on 177nordland.no/travelpass

#travelpassnordland



LOFOTEN CODE OF CONDUCT

Welcome to Lofoten, the world's most beautiful islands!
Please be considerate of your surroundings by following these simple guidelines. This way, you can be sure that your visit does not diminish other people's experience.

- 1 **CAMP IN DESIGNATED AREAS**
- 2 **LEAVE NO TRACE.**
Avoid leaving traces in nature, such as cairns, tent pegs etc.
Allow others to have the same great experience that you've had.
- 3 **FOLLOW THE PATH AND AVOID CREATION OF NEW PATHS**
- 4 **THROW WASTE IN THE WASTE BINS.**
If you are in an area without bins, bring your waste with you until you can dispose of it.
- 5 **USE PUBLIC TOILETS.**
If none are present, go in the ocean or dig a pit in the ground.
Avoid using wet wipes, as they take a long time to decompose.
- 6 **RESPECT PRIVATE PROPERTY.**
Camping closer than 150 metres from an occupied house or cabin is forbidden.
You can only camp on cultivated land if you have an agreement with the land owner.
- 7 **BE CONSIDERATE IN TRAFFIC.**
The roads in Lofoten are narrow, yet many use them.
Keep well clear of cyclists when passing them. Be especially mindful of bicycles in tunnels.
- 8 **BAN ON FIRES.**
During the summer months, there is a general ban on open fires.
Use designated sites for fire, and make sure there is no risk for a forest fire.
- 9 **RESPECT WILDLIFE.**
Avoid disturbing animals unnecessarily. Dogs must be kept on a leash at all times.
- 10 **IN THE INTEREST OF THE ENVIRONMENT,**
as well as your own experience and safety, we recommend activities organised by tour operator.
You can find a list of such organisers here.

Welcome back!



Lofoten
friluftsråd



lofoten



© Hamnøy/Eliassen Rorbuer, Alex Conu

EXPERIENCE THE ADVENTURE

Winter in Lofoten is the season of Arctic colours, with some great opportunities for relaxing or enjoying a more active holiday. Here are some of our best tips for the winter tourist:

SEA SAFARI

Experiencing Lofoten from the sea is a must! Glide past islands and majestic mountains, and even sail through the fabled Trollfjorden fjord, which is surrounded by craggy peaks. An encounter with the mighty sea eagle will definitely leave the hairs on the back of your neck standing on end. If you're lucky, you might even see one diving for a fish.

THE LEGENDARY LOFOTEN FISHERY

For generations, fishermen from all along this coast have participated in the world-famous Lofoten Fishery, which takes place just off the islands between February and late April. You can also join in the hunt for big Arctic Cod – your chances of catching one are excellent. Or perhaps you just want to wander round, look at the boats and soak up the atmosphere.

NORTHERN LIGHTS

The dance of the Northern Lights is a magical sight. There are many Northern Lights activities in Lofoten, and even the backdrop is spectacular. Remember to bring a tripod if you want to take photos of this phenomenon. You can see the Northern Lights from the end of August until the beginning of April.

MOUNTAINEERING

Lofoten is a focal point for summit trips on skis or snowshoes and offers everything from easy walks to challenging mountaineering. Skiing from summit to fjord is a unique experience that we recommend to everyone! Maybe the concept of Ski & Sail appeals to you? Or you can stay at a ski

lodge where everything is arranged for you to enjoy a wonderful skiing holiday with other mountaineering enthusiasts. NB: Use local certified guides for the best and safest experiences in the mountains. Remember to consider the weather and the avalanche risk before setting off and when out on the mountain. www.varsom.no

PHOTOGRAPHY TRIPS

The light in the winter is very special and this, combined with the spectacular and stunningly beautiful landscape of Lofoten, makes it very attractive to photography enthusiasts. We often see fiery skies with photographers all standing in a line to capture the moment for eternity. The hunt for the Northern Lights is very popular amongst photographers too.



© Siv Myklebust



© Lofoten Aktiv, Jann Engstad



© media-army.de_Visitorway.com

KAYAKING

Winter canoeing is invigorating and presents an opportunity for those looking to do something a little different on their holiday in Lofoten. Although the air is cold, you will stay warm and comfortable in your kayak. We have many long-standing and established companies ready to give you a warm welcome. Safety and training are given a high priority to guarantee you a memorable experience.

CHRISTMAS AND NEW YEAR

The build-up to Christmas in Lofoten is highly recommended. Take part in Christmas workshops and savour the legendary Christmas dinner and everything nature has to offer from land and sea. One of the best places to enjoy the Christmas atmosphere is Henningsvær, which is particularly inviting at this time of year thanks to its wonderful atmosphere. Take a tour through the fishing village on a blue kick-sledge and explore art, culture and relaxing Christmas shopping, all surrounded by stunning Lofoten in its winter clothing and stage-managed by the unique winter light. Celebrating Christmas and New Year in Lofoten is becoming increasingly popular and will leave you with memories that last for ever.

Some other winter activities you can enjoy are: Horse riding, surfing, diving, art galleries and museums.



© www.lofotenskilodge.com

WINTER ACTIVITIES

LOFOTEN ON HORSEBACK UNDER THE NORTHERN LIGHTS

Guided riding trips with Icelandic horses under the Northern Lights, or by day in a stunning winter landscape. From 1.5-hr to multi-day trips. For beginners or experienced riders.

30 01.01 > 31.12 NOK 745

Hov Lofoten, Tore Hjortsvei 471, Gimsøysand (+47) 97 55 95 01



G8

info@hovlofoten.no www.hovlofoten.no

62377 © VIDAR L'VOLD

NORTHERN LIGHTS EXPLORER

Expedition to the north side of Lofoten. With its low light pollution and long horizon, this is the perfect spot to see the Northern Lights, on a delightful walking tour between mountain and sea.

30 01.01 > 31.03 NOK 1150

XXLofoten AS, J.E. Paulsens gate 9, Svolvær (+47) 91 65 55 00



J8

post@xxlofoten.no www.xxlofoten.no

66836 ©

FISHING TRIPS IN LOFOTEN

Join the ultimate Lofoten experience with our 100-year-old fishing smack, MS "Symra". This is the closest you'll get to the Lofoten Fishery without being a professional fisherman.

30 01.01 > 31.12 NOK 890

XXLofoten AS, J.E. Paulsens gate 9, Svolvær (+47) 91 65 55 00



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post@xxlofoten.no www.xxlofoten.no

61277 © KRISTIN FOLSLAND OLSEN

MEET THE VIKINGS

BORG IN LOFOTEN was the home of one of the most powerful Viking chieftains in northern Norway. This is the site of the largest known building from the Viking Age. A full-size replica of the building has been built, which is 83 m (272 ft) long.

TRAVEL 1000 YEARS BACK IN TIME
Take in the smell of tar and an open fire. Study crafts and decorations. Film and archaeological exhibitions (audio guides in NO, GB, DE, IT, ES, FR).

VIKING SHIP AND ACTIVITIES
Join us on a sailing and rowing trip, and try your hand at archery and axe-throwing (15 Jun.–31 Aug.)

JOIN US FOR A VIKING FEAST
The chieftain and his wife invites you to a Viking celebration. Good food and drink. Open fire, long-table and song and dance every evening, all year round.

VIKING FESTIVAL Market, games and competitions for children and adults alike, battle reenactment, crafts and much more. Every year in August 5 days to end.



Meet the VIKINGS

OPENING HOURS	Mon	Tues	Wed	Thur	Fri	Sat	Sun
02.01 – 31.01			1200 – 1600			1200 – 1600	
01.02 – 30.04	1200 – 1600	1200 – 1600	1200 – 1600	1200 – 1600	1200 – 1600	1200 – 1600	
01.05 – 31.05	1000 – 1700	1000 – 1700	1000 – 1700	1000 – 1700	1000 – 1700	1000 – 1700	1000 – 1700
01.06 – 15.08	1000 – 1900	1000 – 1900	1000 – 1900	1000 – 1900	1000 – 1900	1000 – 1900	1000 – 1900
16.08 – 15.09	1000 – 1700	1000 – 1700	1000 – 1700	1000 – 1700	1000 – 1700	1000 – 1700	1000 – 1700
16.09 – 31.10	1200 – 1600	1200 – 1600	1200 – 1600	1200 – 1600	1200 – 1600	1200 – 1600	
01.11 – 22.12			1200 – 1600			1200 – 1600	

Viking feast every evening, all year. Booking: no later than 1200 same day booking@lofotr.no

LOFOTR VIKINGMUSEUM
Prestegårdsveien 59,
Borg i Lofoten,
NO-8360 Bøstad



LOFOTR
Vikingmuseum

lofotr.no



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FOLLOW THE
VIKINGS

LOFOTR VIKING MUSEUM IS A MEMBER OF
EXARC





© Museum Nord

THE HISTORY OF LOFOTEN

Lofoten's history revolves around fish. The population has always fished all year round, usually alongside running small farms. Yet it is the seasonal fishing for Norwegian cod that has been of the greatest importance. Every year from January to April, large numbers of skrei (Norwegian Arctic cod) migrate from the north to the marine areas around Lofoten in order to spawn. The fisheries that take place during these months have provided a living for the local people for centuries.

In Lofoten, we have found evidence of Stone Age people who subsisted on fishing 6000 years ago. Finds have revealed that they used fishing weights and fishing hooks made from bone and horn. The area's natural resources also formed the basis for one of Northern Norway's largest and most powerful chieftain's residences during the Viking Age. Borg is the site of the world's largest longhouse, which is no less than 83 metres long. Explore the reconstructed chieftain's house and travel more than 1000 years back in time.

Lofoten's main fish product is stockfish. The conditions in the archipelago are perfect for naturally drying fish of the very highest quality. As long ago as the year 1100, the fishing and production of stockfish was so important that it led to the development of Vágar - the first Middle Age town in Northern Norway. The spawning fish arrived in such enormous quantities that there was more than enough to go round for the population of Lofoten. As a result, fishermen from across the whole of Northern Norway flocked to Lofoten to take part in the Lofoten Fishery. They had to sail and row great distances in open boats, often traditional Nordland boats. As many as 30,000 men would arrive during the fishery season. In the fishing villages, they would hire fisherman's cabins for accommodation, and they would also sell their catches from there too. The traditional fisherman's cabin dates back at least 1000 years. Find out more about this in Kabelvåg, where you can visit the local squire's residence with its fisherman's cabins, and experience life underwater at Lofoten Aquarium.

The fisherman's cabins were hired out by the local squire. These squires had exclusive rights to trade and buy and dry fish. Stockfish were transported to traders in Bergen, before being

sold on across Europe. Stockfish has been a vital export product which has generated substantial revenues for the Norwegian economy. Thanks to the stockfish trade, the fishing villages had economic and cultural contact with the outside world. The Norwegian Fishing Village Museum at Å in Lofoten will give you a fascinating insight into the importance of the fishing villages, through visits to many houses in the fishing village, both with and without a guide. Don't forget the baker's either! Stockfish has its own museum in Å. The Norwegian Telecom Museum in Sørpågen presents the fascinating history of communication. The history of the fisherman-farmer is also worth taking in, and a visit to Skaftnes farm in particular is recommended.

The unique nature and strong cultural traditions of Lofoten have attracted many artists. Over the past 150 years, Lofoten has been portrayed by artists in a huge variety of genres and there are many art galleries and craft outlets in the area. Kaare Espolin Johnsen, one of Northern Norway's celebrated artists, chose to set up his gallery in Kabelvåg.

Fish are still important in Lofoten to this day. The fishing methods, production processes and fish sales may all have changed, but the principal product remains the same: skrei/cod and stockfish. In Lofoten, you can get close to history. You will find fisherman's cabins and fish drying racks side by side with modern technology in modern settlements. Track down the history and prepare to be amazed by the scope of the fisheries and the importance of skrei.

Welcome!

Kristine Moltu, Curator
Kystverkmusea, Museum Nord Vågan



© Kristin Folsland Olsen_www.nordnorge.com

THE LEGENDARY LOFOTEN FISHERY

“The fisheries are, and will hopefully always remain, Norway’s most important gold mine”.

So wrote the Norwegian Parliament in 1816.

Every winter, huge numbers of cod, or skrei, migrate to Lofoten from the Barents Sea in order to spawn. This has provided a living for people in the region for almost five thousand years.

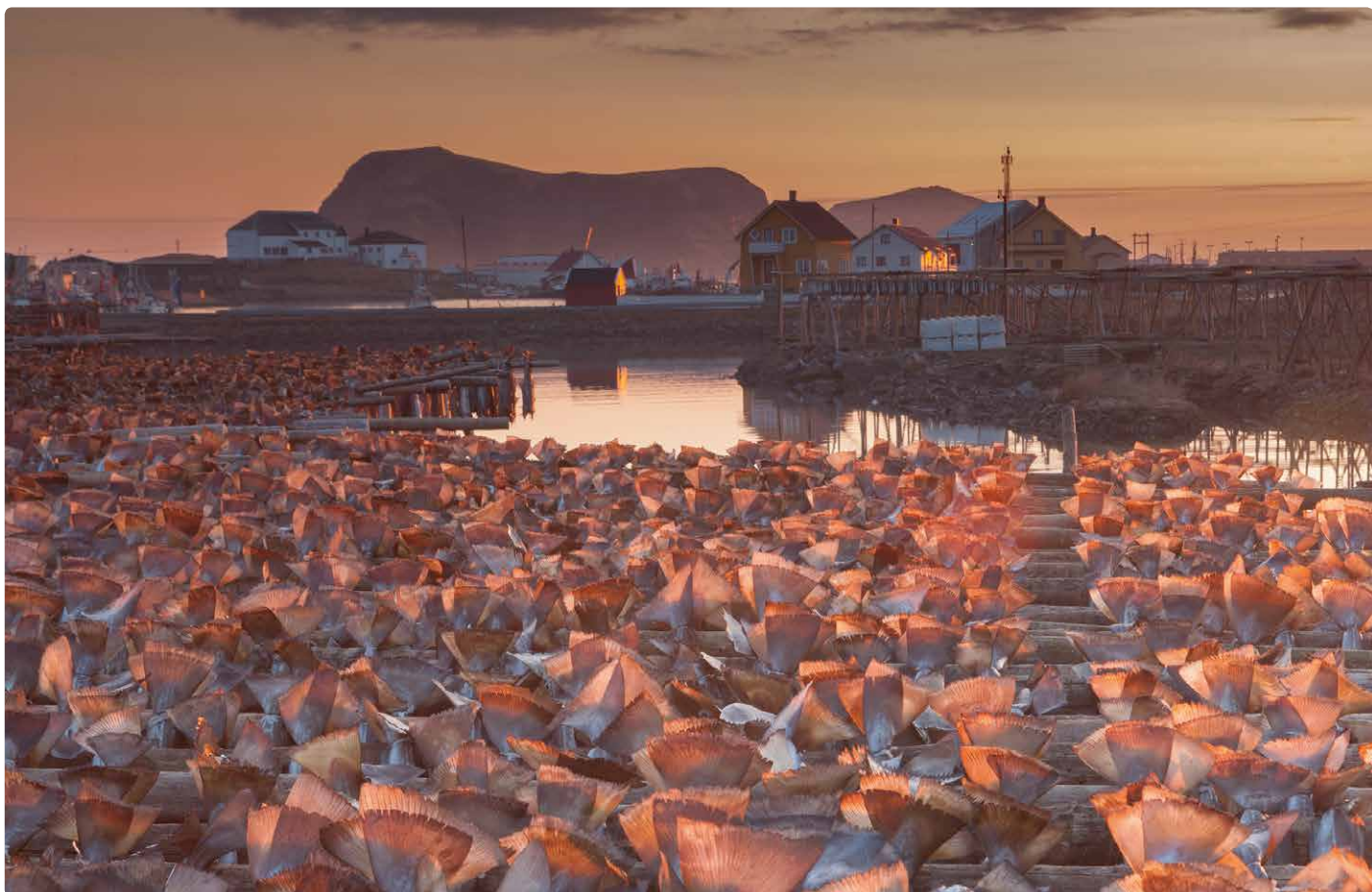
In other words, the Lofoten Fishery is an ancient livelihood. The fisheries eventually grew so big that they also became important for people far outside Northern Norway. In fact, over the past thousand years, the seasonal fishery has been of vital importance for the whole nation.

Following the history of cod makes for a fascinating journey through Norway’s history. Sagas, legislation and court records, old accounts and regulations dating back to the 11th century all paint a clear picture. It was the cod that gave us the power and money necessary to establish the church, an administration, monarchy and government and, eventually, our own parliament. The cod made it possible to build the nation stone-by-stone.

Without it, people would not have settled in Northern Norway. Bergen, Ålesund and Kristiansund would never have come into existence. And what about Oslo and the rest of Southern Norway?

Without the cod, the Vikings would never have existed either. Their most important weapon was not the sword, spear or bow, but the skrei which the people who lived along the coast had learned to dry, in the absence of salt. It was absolutely vital not only as a commodity, but also as ships’ provisions, because in stockfish, they had a nutritious food with an unlimited expiry date which made it possible to survive long voyages to Greenland, Russia and the far south of Europe - even to America, 500 years before Columbus.

The first exporter of stockfish we know of was Torolf Kveldulfson. According to Egil’s saga, he travelled to Lofoten in 870 with his large ship, filled it with stockfish



© Røst - Røst Sjømat

and sailed to England, where he swapped the cargo for essential goods.

The Hanseaten, who had their own fleet of warships, dominated trade across much of Northern Europe. Stockfish became one of the most important products after they became established themselves in

Bergen in the late 13th century, as is apparent from the coat of arms. Stockfish takes up half of the coat of arms and even has a crown. Today, the same coat of arms adorns the Hansa Pilsener.

In the 1560s, every year, around 200 boats used to sail from Northern Norway to Bergen carrying stockfish, cod liver oil and roe, which were then sold to countries across Europe. On average, this trade represented an annual value of 105,000 Norwegian spesidaler (the currency of Norway between 1816 and 1875), a sum three times greater than Norway's state finances combined during this period.

For at least a thousand years, right up until the early 20th century in fact, fishing was carried out from open boats, particularly the larger Nordland boats as well as large rowing boats. These boats were propelled either via sails or oars. By the 1920s, a high proportion of the fishing fleet used engine power, which enabled the boats to have a smaller crew on board. However, the Lofoten Fishery remained a major attraction for fishermen for many years after the Second World War. In 1860, around 24,000 men took part. The popularity of the fishery reached a peak in 1895 when 32,000 fishermen took part. Since 1990, between 2000 and 4000 fishermen have participated every year.

However, the total catch has not declined. A "shark" type fishing boat today is ten times more efficient than its coun-

terpart in times gone by. Modern equipment and larger boats have enabled the inshore fleet to fish not just along the entire coast, but also out in the ocean, where large catches are taken before the cod arrive in Lofoten.

The Lofoten Fishery remains an important seasonal fishery that attracts fishermen from Finnmark in the north to Mandal in the south, and is still a fascinating sight, particularly in March and early April. At this time, fish factories all along the Lofoten Wall are working at full stretch, and huge quantities of fish are hung up on drying racks. In June, the fish are taken down from the racks, sorted into eighteen different qualities and exported to many countries around the world. The biggest customer is Italy. The refrain "Viva lo stocafisso! Viva la Norvegia!" is still sung in some areas today, as it was in the past.

Frank A. Jenssen



© Media-army.de_Visitnorway.com

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LAGET I LOFOTEN

THON HOTEL LOFOTEN

Winner of
Twinings Best
Breakfast 2016!

Thon Hotel Lofoten is idyllically situated in the middle of Svolvær harbour, accessed from the square and the coastal steamer quay. The hotel has 190 modern rooms, which were renovated in 2016/17, and is directly connected to Lofoten Arts Centre (Kulturhus), the North Norwegian Artist Centre (Nordnorsk Kunstnersenter) and the Styarhuset Pub.

The Paleo Arctic restaurant, the pride of the hotel, is located right on the edge of the quay. Here, priority is given to using local raw products and real North Norwegian food culture. The restaurant also serves Norway's best hotel breakfast.

Contact info:
Tel. +47 76 04 90 00
thonhotels.no/lofoten
paleoarctic.no

Paleo.
ARCTIC



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 #smakpålofoten #matfralofoten #matilofoten

© Adrian Castillo, LofotenMat

TASTE OF LOFOTEN

The smell of dried fish, seaweed and the seashore. The feeling of the wind, sun and rain in your face are the same elements that give our food flavour and dry the cod. The cultural landscape is embodied by a traditional food culture that still lives on. When you visit, we hope you will use the opportunity to really experience the taste of Lofoten.

We harvest from hardy and adaptable plants and animals here in Lofoten. The plants are characterised by the windswept climate, but between the high mountains farmers have found shelter from the north wind in oases with fertile soil. The growing season is short, but the long and light summer nights make up for this and create delicious results — such as a particularly good carrot that has absorbed nutrients round the clock.

Our Lofoten lambs (Lofotlam) are released onto steep mountain sides, where they grow up on lush pastures with nutritional herbs and seaweed, with the land naturally salted by sea water blown uphill by the wind and storms. The combination of good breeding, nutritional pastures and the lambs' roaming up and down the steep mountain sides gives good marbling of the fat in the meat and a fantastic taste. When the lambs are gathered in the autumn, only the best are marked with the geographically-protected term Lofoten lamb.

If you want to eat fish, you will rarely find any fresher than here on the coast. Lofoten fishing (Lofotfisket) has been the basis of life here in Lofoten and is still of great importance. Dried fish is a brand that has been built-up over a thousand years since the Vikings took dried fish with them on their journeys and exchanged it for other goods. This is one of the oldest methods of food conservation that we know of and it is done today as it was then, completely free of additives. Good quality has given 'Dry fish from Lofoten' geographical protection, both in Norway and in Europe, in the same class as champagne and parma ham! Never tasted dried fish? Here in

Lofoten, children and adults alike eat dried fish as a snack and it can be the beginning of a spontaneous party on a summer night. Diluted and pot-ready dried fish can be prepared in an endless number of ways and is highly recommended. If you're feeling brave, you can try 'boknafisk' or 'hjellosing' too.

What else can we tempt you with? Our cows and goats provide meat and form the basis of the large variety of dairy products found here. We are also very proud of our cheese farms, which offer fantastic award-winning cheeses. Herbs are gathered both wild and from herb gardens, bees give us honey, despite Lofoten being north of the Arctic Circle and we are also proud manufacturers of eggs, ice cream, beer and chocolate. Or what about herring, patties and fish cakes made from traditional recipes? Salmon, shellfish, whale and other types of fish are found right on our doorstep and come autumn, the land is full of yellow, blue and red.

Whatever you want, you will get fresh and local raw products that guarantee a flavour sensation, whether you prepare them yourself or you are served at one of our many eateries. Local food can be found in the shops (look for the label L), or you are welcome to pop into our many friendly manufacturers, who will be glad to receive visitors. Whatever you choose, you will be able to feel, hear, see, smell and taste Lofoten. We hope you have a good trip and get a warm welcome!



Skrei and stockfish

Skrei, that fantastic fish that visits Lofoten every year from January to April, swimming all the way from the Barents Sea to lay eggs and reproduce, or "spawn" as it is known in scientific circles. From January to April, the sea "boils" with skrei and the fishermen catch and deliver the freshest fish imaginable. Fresh liver and roe, and the heads are used too - in other words, a versatile raw ingredient of the very highest quality.

Even before Christmas, we chefs are waiting for the latest news on the skrei. Are they on their way? Have they got far? How many have been seen? Tense... Impatient... But we never wait in vain.

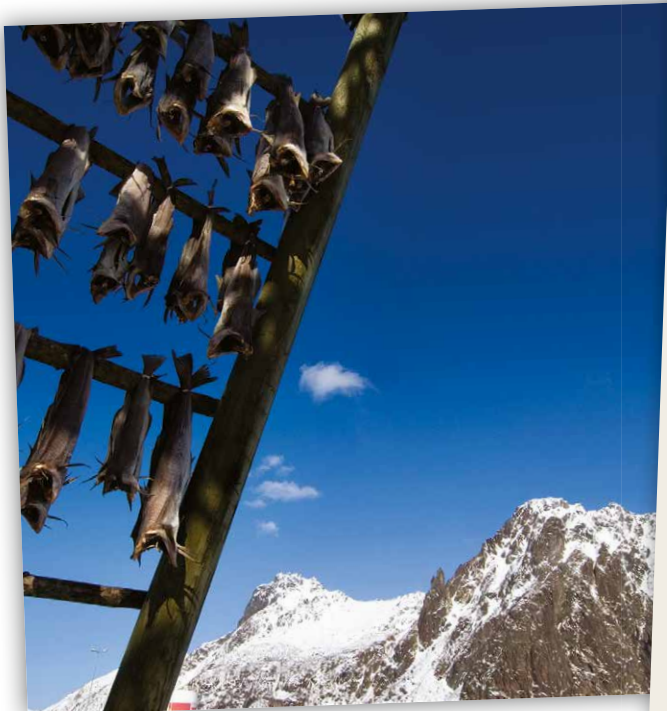
Early in the skrei season, we fill the menus with fresh skrei. It can be boiled, baked, fried, poached, cured, pickled and even served completely raw. A little later, around the turn of February/March, the first "boknafisk" (a variant of stockfish) of the year appears. The excitement is now palpable. Is it going to be a good year? We sniff, squeeze, stroke and investigate it closely. We boil and test it in the same way that a sommelier tastes and tests his wines. Nothing is left to chance.

In March, the fish are hung up on the racks. They will stay there for the rest of the spring, and when May turns to June, we get ready to harvest the year's stockfish. Once again, we stand by, ready to test the quality. During our childhood, we bashed the stockfish on a stone with the back of an axe before chewing the little pieces for an age. But it doesn't always stay dry. The completely round stockfish is often soaked in water for several days, before being filleted and prepared for further processing. If the skrei is a fantastic ingredient,

stockfish is even better. The taste and consistency are quite different from fresh fish. And we chefs love stockfish. We can now start to create our favourite dishes. It can be heat-treated for just 20 minutes, or boiled for five hours. And the stockfish just gets better and better all the time. Seasoning that you wouldn't consider suitable for skrei now suddenly become perfect for the softened stockfish. The taste varies from fish to fish, perhaps because of the size of the fish, but the weather is just as important - the temperature, the wind and the rain during the drying period. Even the specific location in Lofoten where the fish are dried is important too. And think, of all the places in the world, it's right here in Lofoten that it's at its very best!



Stian – A proud chef from Lofoten



© Terje Rakke - Nordic Life

Grilled marinated stockfish with Chipotle Hollandaise sauce and boiled potatoes

200g softened stockfish per person
150g Gulløye potatoes per person

Salt the softened stockfish to taste. Then place the fillet in a marinade of olive oil, garlic, finely chopped lemon peel, lemon juice, whole pepper and thyme. Marinate the fish for at least 12 hours. Remove the fish from the marinade and leave to one side to drain. Wash the Gulløye potatoes well in lukewarm water and boil in salted water (about 100g salt for 1 litre of water)

Chipotle Hollandaise

3 egg yolks
250g clarified butter
1-2 tbs mashed Chipotle
Juice of half a lemon
Salt
Pepper

Heat the clarified butter to approx. 60 C. Whip the egg yolks together over a water bath at the same temperature as the clarified butter. Whip in the lemon juice and the mashed Chipotle and dilute a little at a time with the clarified butter. Add salt and pepper to taste.

When the potatoes and sauce are ready, grill the marinated stockfish on a medium heat for 3-4 minutes on either side. Serve with the boiled potatoes, the Chipotle Hollandaise sauce and, for the final touch, a fresh salad.

EATING OUT

		RESTAURANT	CAFE	ROADSIDE RESTAURANT	FAST-FOOD KIOSK	PIZZERIA	BAR/PUB	ALCOHOL SERVED	FISH & SEAFOOD	DRIED FISH	WHALE KING	CRAB	REINDEER	OTHER GAME	LOCAL FOOD	VEGETARIAN	CHILDREN'S MENU	ARCTIC MENU	HANEN	NORWEGIAN FOOTPRINTS	OLAVSROSA	SEASON	CAPACITY	
K9	Skrovabrygga Uraveien 23, Skrova	•	•					•	•	•												30	01.01 > 31.12	180 www.skrovabrygga.no
J8	Børsen Spiseri - Svinøya Rorbuer Gunnar Bergs vei 2, Svolvær	•						•	•	•								•				30	01.01 > 31.12	190 www.svinoya.no
J8	Restaurant Kjøkkenet, Anker Brygge Lamholmen, Svolvær	•						•	•	•												30	01.01 > 20.12	48 www.anker-brygge.no
J8	Scandic Svolvær, Bauen Restaurant Lamholmen, Svolvær	•						•	•	•												30	01.01 > 31.12	80 www.scandichotels.com/svolvaer
J8	Du Verden Restaurant Torget 15, Svolvær	•	•					•	•	•												30	01.01 > 31.12	400 www.duverden.no
J8	Peppes Pizza Svolvær Torget 2, Svolvær	•	•	•				•	•	•												30	01.01 > 31.12	300 www.peppes.no
J8	Paleo Arctic Torvet, Svolvær	•						•	•	•												30	01.01 > 31.12	250 www.paleoarctic.no
J8	Restaurant Vestfjord Fiskergata 46, Svolvær	•						•	•	•												30	08.01 > 16.12	100 www.vestfjordhl.no
J9	Nyvågar Rorbuhotell Storvåganveien 26, Kabelvåg	•	•					•	•	•												30	01.06 > 31.08	80 www.nyvagar.no
I10	Fiskekrogen Henningsvær AS Dreyers gate 29, Henningsvær	•						•	•	•												30	01.01 > 31.12	30 www.fiskekrogen.no
I10	Lofoten Arctic Hotel Skata Dreyers gate 8, Henningsvær	•	•					•	•	•												30	01.01 > 30.12	60 www.lofotenarctichotel.no
G9	Gamle Skola Grundstadveien 454, Lyngedal	•						•	•	•												30	01.01 > 31.12	45 www.gamleskola.com
F12	Restaurant Bevares Lillevollveien 1, Leknes	•						•	•	•												30	01.01 > 31.12	70 www.lofotenhotell.no
F13	Himmel og Havn Moloveien 45, Ballstad	•						•	•	•												30	01.01 > 31.12	70 www.himmeloghavn.no
D13	Ramberg Gjestegård Ramberg	•						•	•	•												30	15.01 > 20.12	70 www.ramberg-gjestegard.no
E15	Krambua Restaurant Hamnøy, Reine	•	•					•	•	•												30	04.01 > 31.10	85 www.krambuarestaurant.no
D16	Gammelbua Restaurant, Reine Rorbuer Reine	•						•	•	•												30	12.01 > 29.10	72 www.reinerorbuer.no
D16	Maren Anna Moskenesveien 921, Sørvågen	•						•	•	•												30	01.01 > 31.12	90 www.marenanna.com
D17	Museum Kafé Å i Lofoten	•	•					•	•	•												30	15.01 > 30.09	22 www.museumnord.no/fiskevarsmuseum
B24	Røst Bryggehotell Røst	•	•					•	•	•												30	01.01 > 31.12	60 www.rostbryggehotell.no

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© Bjørn Eide_Lamholmenfestivalen_Svolvær



© Lofotr Vikingmuseum_Kjell Ove Storvik

WHAT'S ON IN LOFOTEN 2018

DATE	NAME	DESCRIPTION	WEBSITE
1.-4.3.	Lofoten International Photo Festival Lofoten	A new festival of photography based in Kabelvåg and Reine, initiated by Lofoten Folkehøgskole and Reine Centre of Arts and Culture	www.lofotenfotofestival.no
9.-11.3.	Lofoten Skimo - The Arctic Triple Austvågøy	A ski mountaineering race over the magnificent Lofotfjell mountains with a choice of starting points for different levels of ability.	www.thearctictriple.no
16.-17.3.	VM i Skreifiske Svolvær	International fishing competition in honour of fine fish and cod.	www.vmikreifiske.no
27.-29.4.	Elijazzen, Lofoten Jazzfestival Hamnøy	Feelgood Jazzfest at Hamnøy in Lofoten. The jazz festival will celebrate the wild and beautiful nature of Lofoten.	www.elijazzen.no
18.-20.5.	Codstock Henningsvær	3 days of fish and music in Henningsvær.	www.codstock.no
29.5.-2.6.	Stamsund Internasjonale Teaterfestival Stamsund	International Theatre Festival, held annually in Stamsund.	www.stamsund-internasjonale.no
7.-10.6.	Reine ord - Literature festival Reine	The Lofoten International Literature Festival invites you to join famous international authors in Reine, Lofoten.	www.reineord.no
1.-2.6.	Lofoten Ultra Trail - The Arctic Triple Lofoten	Ultra race taking in all the islands of Lofoten, from Moskenesøy to Austvågøy.	www.thearctictriple.no/
8.6.-10.6.	Jenter i juni Lofoten	Girls in June: hikes of varying degrees of difficulty in the impressive natural surroundings of Lofoten.	www.jenterijuni.no
22.-24.6.	Lundefestivalen Røst	Puffin Festival: a festival for everyone, with music, art, culture, history, and plenty of fun and play!	www.lundefestivalen.no
28.-30.6.	Cellolyd in Lofoten Moskenes	Norway's first and only cello festival. Classical, contemporary and popular music with some of Norway's best-known musicians.	www.cellolyd.com
28.-30.6.	Kabelvågmarkedet Kabelvåg	A traditional market with roots that go far back in time. In addition to a wide variety of entertainment, there are a large number of stalls.	www.facebook.com/kabelvagmarkedet
29.-30.6.	Lofoten Insomnia Lødingen	One of the most spectacular bike races in the world. A bike race at night with the midnight sun as host. A bucket list, must-do.	www.lofoteninsomnia.no
13.-14.7.	ÅrsteinØYA Årstein	Summer music festival at Årstein - close to the famous Trollfjord.	www.arsteinoya.no/
29.6.-1.7.	Laukvikdagan Laukvik	Annual family festival in Laukvik on the seaward side of Lofoten. Market, children's activities, famous local dessert table.	www.facebook.com/laukvikdagan/
29.6.-1.7.	Lofoten Fiskefestival Skrova	A family-friendly and active festival weekend on Skrova with fishing competition, concert, dancing and walking suitable for both young and old alike.	www.facebook.com/events/560390584120707/
1.-8.7.	Ballstaddagan Ballstad	Locals and visitors get together for a wonderful few days, with an entertaining programme for all ages at Ballstad.	www.ballstad.no
6.-8.7.	Mollafestivalen Store Molla	Molla Festival: annual festival on Store Molla, with revues, hiking, an auction and festivities.	www.storemolla.no
9.-15.7.	Lofoten Pianofestival Lofoten	Norway's only piano festival featuring international artists.	www.lofotenfestival.no
28.7.	Fun at the beach festival Flakstadstranda	Activities on the beach and in the water, sales of snacks and miscellaneous goodies, music, competitions and fun for all!	www.facebook.com/goypastranda/
30.7.-2.8.	Trevarefæst Henningsvær	Music festival indoors and outdoors at Trevarefabrikken in Henningsvær. 4 days of fun right by the sea!	www.trevarefest.no
1.-5.8.	The Querini opera Røst	An opera based on the true story of Pietro Querini, who was shipwrecked on Røst in 1432.	www.queriniopera.com
3.-4.8.	Lamholm Festival Svolvær	Surrounded by sea and the stunningly beautiful mountains of Lofoten on Lamholm in the heart of Svolvær, there will be concerts galore and a vibrant atmosphere for two full days.	www.lamholmfestivalen.no
8.-12.8.	Vikingfestival Borg	Festival for the whole family. Market, games, competitions, theatre, camping show, concerts, courses and much more. Many activities are included in the entry fee.	www.lofotr.no
16.-19.8.	Lofoten triathlon -The Arctic Triple Svolvær	Take part in the incredible Lofoten Triathlon in the unique surroundings of Lofoten.	www.thearctictriple.no
Uke 35	Høstvekka Leknes	Entertainment and market for the whole family at Leknes.	www.facebook.com/vvnforum/
30.8.-2.9.	Lofoten Country festival Leknes	Well-established country music festival that attracts people from all over Norway. Lofoten's single biggest event.	www.lofoten-countryfestival.no
12.-14.10.	Matfestivalen i Lofoten Leknes	Lofoten Food Festival: a variety of local food producers show off their products in the biggest arena of its kind in Lofoten.	www.matfestivalen.net
2.11.-16.12.	Førjulseventyret i Henningsvær Henningsvær	This pre-Christmas adventure in Henningsvær offers galleries, arts and crafts, cosy restaurants and plenty of Christmas atmosphere!	www.facebook.com/forjulseventyret
3.-4.11.	Lofoten Gave- og Håndverksmesse Leknes	Gift and craft fair: demonstrations and sale of traditional handicrafts, local food, gifts and much more in a relaxing atmosphere.	www.gavemesse.no
24.11.	Juleverksted at Lofotr Vikingmuseum Borg	Christmas workshop at the Viking Museum; annual, traditional and popular workshop for all ages.	www.lofotr.no
1.12.	Gammeldags jul på Å Å	Traditional Christmas at Å, with our favourite Christmas activities, food, market, competitions, music, etc.	www.museumnord.no/fiskevarsmuseum

WILDSEAS



FIND LOFOTEN'S BEST ACTIVITIES HERE!



WILDSEAS.no

 (+47) 900 78 896

 info@wildseas.no

 [@wildseas.no](https://www.facebook.com/wildseas.no)

 [wildseasadventures](https://www.instagram.com/wildseasadventures)

DAY TRIPS

Trollfjord & wildlife cruise from 545 NOK
Combine your cruise with a hike or kayak trip

Kayak Excursions from 495 NOK

Half day - Full day - 2-hour

Ferry Service (Svolvær - Skrova) from 100 NOK

PACKAGES

2 & 3 Day Beach glamping from 2995 NOK
Includes Trollfjord & wildlife cruise, kayaking, hiking, dinner at organic goat farm with cultural experience and more!



© Lyngvær, Kristian Nashoug

IT NEVER ENDS! - ART IN LOFOTEN

Artists continue to flock to Lofoten, as does everyone who enjoys seeking out the fascinating works of these creators. It gives us all an opportunity to study up-close the works of the major international talents of the art world, as well as many other extremely professional practitioners, in an area with the country's largest cluster of artists.



Kristin Risan
Art Educator

The light, the magnificent natural landscape and "the people who inhabit this impoverished coast" remain as important to contemporary artists today as they have always been since the 19th century, when pictorial artists from Norway and further afield came to the archipelago to search for the perfect motif, the light and the diagonals.

Today, artistic experiences in Lofoten are a mecca for many art genres. Numerous galleries present both historical and modern art. Throughout the archipelago, you will find glass-blowers, ceramic artists, jewellery artists, photographers, painters, textile artists, sculptors, film-makers

and many others with their own sales outlets and galleries. You'll also find street art, as well as other art, in the landscape. We have extremely diverse art in our urban spaces, as well as some of the best galleries in the country for contemporary art.

Spread across the year are the festivals that reflect our cultural richness: festivals of art, theatre, literature, film and music, celebrating both classical and more recent musical styles.

The hunt for the light, the hunt for art never ends.

Lofoten perhaps has most to offer to those seeking to combine natural and cultural experiences.

Welcome to Northern Norway's main arena for art. Welcome to an encounter with the wild and the beautiful, that which both challenges and pleases.



AUSTVÅGØY & GIMSØY

© Henningsvær, Terje Rakke - Nordic Life, www.nordnorge.com

SVOLVÆR

Svolvær is the administrative centre of Vågan, with many shops, galleries and the Lofoten Kulturhus. The goat-like Svolværgeita looks down on the town, a challenge to climbers. Most of Lofoten's accommodation is here, and it is one of the most important harbours in North Norway for maritime services.

KABELVÅG AND STORVÅGAN

A historic area with roots going back to the year 8000, this was the most densely populated area in North Norway in the Middle Ages because of the Lofoten fishery. All the fish were shipped from here for onward export to the continent. Lofoten's first church was built in Kabelvåg by King Øystein, probably in 1103, and rorbu fishermen's cabins were built around 1120. The present Vågan Church, also known as 'Lofoten Cathedral', was built in 1898. Kabelvåg is part of the area's cultural history, and also has museums, galleries and an aquarium.

LAUKVIK

Its beautiful location on the outer edge means that Laukvik is perfect for hiking. You can enjoy the midnight sun here in summer and the Northern Lights in winter. Visit the Polarlightcenter to learn more about these natural phenomena.

HENNINGSVÆR

Bridges join the many islands of Henningsvær to the mainland. The Venice of Lofoten, Henningsvær has played a significant role in Lofoten's fishing history and is still a fascinating destination with its many small craft shops, art gallery and pleasant atmosphere. The nearby mountains are excellent for climbing.

GIMSØY

Gimsøy on the outer edge of Lofoten has fantastic views of the ocean and midnight sun. Hov is one of Lofoten's oldest inhabited spots; treasures from the past such as Stone Age and Iron Age burial mounds and landing places may be found between the fairways and tees of the golf course.

TROLLFJORD, DIGERMULEN AND SKROVA

The Trollfjord lies in the beautiful Raftsund Strait between Austvågøy and Hinnøy. At its most spectacular, the fjord narrows to a mere 70 metres wide, with high cliffs plunging straight into the sea. On the other side is Digermulen, first visited by Kaiser Wilhelm II on 21 July 1889. Further on are the islands of Skrova, with 200 or so inhabitants in a fishing village famous for its connection to the Lofoten fishery and whaling.

PACKAGE COMPANIES

YOUR ADVENTURE PACKAGE SUPPLIER

XXLofoten provides complete packages including experiences, activities, accommodation, food and logistics for groups who want to experience Lofoten. Contact us for help with your trip to Lofoten.

30 01.01 > 31.12 NOK -

XXLofoten AS, J.E. Paulsens gate 9, Svolveær (+47) 91 65 55 00 post@xxlofoten.no www.xxlofoten.no



J8

62627 © KRISTIN FOLSLAND OLSEN

DIVING

DIVING, SNORKELLING AND TRIAL DIVING

See the flora and fauna of the crystal-clear waters with Lofoten Diving PADI 5 STAR Dive Resort. If you've never dived before - no problem! Both beginners and experienced divers are welcome.

30 01.01 > 31.12 NOK 690

Lofoten Diving AS, Sjømannsgata 5, Svolveær (+47) 40 04 85 54 booking@lofoten-diving.com www.lofoten-diving.com



J8

78073 © LOFOTEN DIVING

SVINØYA RORBUEER

We offer complete packages for individuals, companies and groups. Svinøya - your base for amazing adventures!

30 01.01 > 31.12 NOK -

Svinøya Rorbuer, Gunnar Bergs vei 2, Svolveær (+47) 76 06 99 30 post@svinoya.no www.svinoya.no



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61227 © TOMMY SIMONSEN

SNORKEL IN CLEAR ARCTIC WATER

After putting on drysuits, set off by RIB to the best snorkelling sites teeming with fish such as mackerel, coalfish and cod. Kelp forests, crabs, sea anemones and soft corals.

30 01.06 > 31.08 NOK 850/750

Lofoten Opplevelser AS, Misværveien 35, Henningsvær (+47) 90 58 14 75 post@lofoten-opplevelser.no www.lofoten-opplevelser.no



I10

61261 © CAMILLA FIGENSPHOU

CUSTOMISED LOFOTEN ADVENTURES

Lofoten Opplevelser will help you build the perfect package to suit your needs, for conferences, team-building or other adventures. We build tours around your preferences.

30 01.01 > 31.12 NOK -

Lofoten Opplevelser AS, Misværveien 35, Henningsvær (+47) 90 58 14 75 post@lofoten-opplevelser.no www.lofoten-opplevelser.no



I10

61449 © LOFOTEN OPPELVELSER

KAYAK

GUIDED KAYAKING

Lofoten is a fantastic place for guided kayaking! Join us on tours between the islands to hidden sandy beaches all year. No previous experience needed.

30 01.01 > 31.12 NOK 750

XXLofoten AS, J.E. Paulsens gate 9, Svolveær (+47) 91 65 55 00 post@xxlofoten.no www.xxlofoten.no



J8

61274 ©

KAYAK IN LOFOTEN'S LITTLE HAWAII

Paddle around Skrova, a charming island rich in culture located by Svolveær. The stunning scenery, caribbean-like waters and white sandy beaches will make you believe you are in the tropics!

30 01.06 > 31.08 NOK 595/495

Wild Seas, Torget, Svolveær (+47) 90 07 88 96 info@wildseas.no www.wildseas.no



J8

78058 ©

SEA KAYAKING DAY TRIP

Trips to Trollfjord, Risvær, Silsand and Laukvik. Duration 3-7 hours incl. transfer from Svolveær/Kabelvåg. Please contact us if you would prefer a half-day trip, kayak course, mountain trip or cycling trip.

30 01.01 > 31.12 NOK 1150/850

Lofoten Aktiv AS, Rødmyrveien 24, Kabelvåg (+47) 99 23 11 00 post@lofoten-aktiv.no www.lofoten-aktiv.no



J9

62474 ©



© Svolveærgeita, Espen Mortensen

HIKING TRAILS

HEIA, HENNINGSVÆR (200 m)

Start at the head of the valley near Festvåg. Follow the path on the far right. Enjoy the wonderful views across the entire Vestfjord basin. On a warm summer's day, you can enjoy a refreshing dip in lake Heiavannet. Return trip: 1.5 hours.

HOVEN (368 m)

The walk up Hoven on Gimsøya is very enjoyable. Start at Hov. Return trip: about 2.5 hours.

AROUND STOR-KONGSVANNET (Easy)

An easy round walk through a varied landscape around the largest lake in Kabelvåg-marka. Start either at Solbakken west of Kabelvåg or by Kongsmarka/Lille Kongsvann in Svolveær. 12 km, 2-3 hours.

You can buy hiking maps in tourist information centres or on the website www.lofoten.info

AT SEA

EXPLORE THE TROLLFJORD AND SEA EAGLE SAFARI

Exciting RIB boat trips for the whole family to the Trollfjord, with stops to enjoy sea eagles and beautiful beaches. Departures daily from Svølvær harbour. Duration 1 h 45 min.

30 01.01 > 31.12 **NOK 800/650**

Lofoten Explorer, Johan E Paulsens gate 12, Svølvær (+47) 97 15 22 48



J8

@ post@lofoten-explorer.no
www.lofoten-explorer.no

61236 © ODD-PETER TANKE JENSEN

HIGH-SPEED RIB TOUR TO TROLLFJORD

We will take you on an exciting RIB trip to the Trollfjord in the Lofoten archipelago, where we will encounter the sea eagle and other wildlife. Departures daily. Groups on request.

30 01.01 > 31.12 **NOK 750/600**

Rib-Lofoten Svølvær havn (+47) 90 41 64 40



J8

@ post@rib-lofoten.com
www.rib-lofoten.com

SEA EAGLE SAFARI TO THE TROLLFJORD BY RIB

A fantastic way to experience nature at 50 knots, as we travel through Raftsundet to the Trollfjord and its sea eagles. Get close up to nature and be entertained by stories along the way.

30 01.01 > 31.12 **NOK 790**

XXLofoten AS, J.E. Paulsens gate 9, Svølvær (+47) 91 65 55 00



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@ post@xxlofoten.no
www.xxlofoten.no

61278 ©

LOFOTEN CHARTER BOAT

Eagle safaris on Trollfjord and fishing trips from Svølvær Square. Fishing equipment and warm clothing on board. Fish soup served on the trip. Groups welcome all year - advance booking only.

30 01.06 > 01.09 **NOK 750/350**

Lofoten Charterbåt Torget, Svølvær (+47) 91 61 79 41



J8

@ post@lofotencharterbat.no
www.lofotencharterbat.no

61271 © ODD-IVAR VOLD

MS TROLLTIND - FJORD TOURS

Join us for Trollfjord tours daily at 10:00 and 13:30 in summer. Charter tours for groups all year. Welcome aboard!

30 01.06 > 30.09 **NOK 750/350**

Kabelvåg Turbåt og Trafikkskole Torget, Svølvær (+47) 90 09 72 55



J8

@ kabelvag-turbat@norway.online.no
www.lofoten-charterboat.no

61228 ©

MS ØYKONGEN CHARTER BOAT

Comfortable, fast 85-passenger boat. Spacious lounges and main deck. Trollfjord tours/sea eagle safaris, fishing trips, ferry and charter trips all year round.

30 08.01 > 20.12 **NOK 750/350**

Lofoten Sea Service as, Rækøyveien 11, Kabelvåg (+47) 99 57 10 58



J9

@ post@oykongen.no
www.oykongen.no

61265 © TOM R VOLD

TROLLFJORD WILDLIFE CRUISE, HIKE & KAYAK

Discover stunning fjords and wildlife on our open boat or vessel with lounge/toilet. Explore Skrova island, Lofoten's little Hawaii, by adding a hike or kayak trip and/or a tasty meal!

30 01.06 > 15.09 **NOK 645/345**

Wild Seas Torget, Svølvær (+47) 90 07 88 96



J8

@ info@wildseas.no
www.wildseas.no

78663 ©

WHALE SAFARI ALL YEAR ROUND

Biggest whale safari operator in Norway: shortest distance to the whales, over 30 years' experience, experienced guides, 100% whale guarantee, exclusive souvenir shop, operating all year, tailor-made packages.

30 02.01 > 31.12 **NOK 1095/790**

Hvalsafari Andenes Hamnegata 1C, Andenes (+47) 76 11 56 00



J8

@ booking@whalesafari.no
www.whalesafari.no

62395 © WHALSAFARI AS

FISHING IN LOFOTEN

We welcome amateur fishermen, families and groups on our fishing trips! All equipment included. 4-6 hour trips; price per whole boat irrespective of numbers. Max. 6 people per boat.

30 01.02 > 31.10 **NOK 2600**

Noproblem Sportfishing Svølvær (+47) 99 75 93 42



J8

@ fishfindernigel@hotmail.com
www.noproblemsportfishing.com

61239 © NIGEL HEARN

BOAT HIRE IN SVOLVÆR

23-foot Dolmøy Fisker with 60 hp outboard, echo-sounder, chart plotter. Guide available on request. Life jackets included; fishing equipment for hire. Cleaning station, freezer. Price is for the whole boat.

30 01.01 > 31.12 **NOK 2200**

Lofoten Rorbuer Jektveien 10, Svølvær (+47) 91 59 54 50



J8

@ post@lofoten-rorbuer.no
www.lofoten-rorbuer.no

62224 ©

LOFOTEN RENT A BOAT

Safe boats with space for 4 to 8 people. Boats 14 ft x 6 hp start at NOK 300, then NOK 150 per hour. Medium boats 18 ft x 40 hp: NOK 900. Large boats 23 ft from NOK 2000 per day.

30 01.01 > 31.12 **NOK 50**

Lofoten Rent a Boat AS Torggata 16, Kabelvåg (+47) 91 70 51 37



J9

@ post@lofotenrentaboat.no
www.lofotenrentaboat.no

61224 ©

MIDNIGHT SUN SAFARI FROM HENNINGSVÆR

Experience Lofoten in the magical light of the midnight sun. See sea eagles, seals and wildlife at night. Voted "Best summer trip 2014" by National Geographic.

30 01.06 > 31.08 **NOK 950/800**

Lofoten Opplevelser AS, Misværveien 35, Henningsvær (+47) 90 58 14 75



J10

@ post@lofoten-opplevelser.no
www.lofoten-opplevelser.no

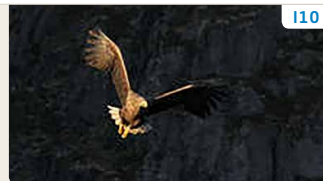
61270 © LOFOTEN OPPELVELSER

SEA EAGLE AND GREY SEAL SAFARI FROM HENNINGSVÆR

With a wing span of up to 2.5 m (98.4 inches), the sea eagle is quite a sight. Let us guide you through the archipelago by RIB, where you can see seals, sea birds and sometimes whales.

30 01.06 > 31.08 **NOK 675/500**

Lofoten Opplevelser AS, Misværveien 35, Henningsvær (+47) 90 58 14 75



J10

@ post@lofoten-opplevelser.no
www.lofoten-opplevelser.no

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GOLF & HORSE RIDING

FUN GOLF - INFORMAL GOLF FOR ANYONE

Try golf on a stunning course! Perfect for anyone who's never tried golf before! Includes instruction on the driving range and a 3-hour game on the golf course with the instructor.

30 01.05 > 21.10 **NOK 790**

Lofoten Links, Tore Hjortsvei 471, Gimsøysand (+47) 76 07 20 02



G8

@ info@lofotenlinks.no
www.lofotenlinks.no

61254 © LOFOTEN LINKS

LOFOTEN LINKS - 18 HOLES

Quality 18-hole golf course in spectacular setting beside the sea, facing north and the midnight sun. Accommodation in lodge. Golf shop and café. Packages. Midnight sun golf. Club hire. Pro.

30 01.05 > 21.10 **NOK 450**

Lofoten Links, Tore Hjortsvei 471, Gimsøysand (+47) 76 07 20 02



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@ info@lofotenlinks.no
www.lofotenlinks.no

61267 © JACOB SJÖMAN

EXPLORE LOFOTEN ON HORSEBACK

Guided horse-riding trips with Icelandic horses on white beaches, Viking trails and the Lofoten mountains. From 1.5-hour to multi-day trips. Beginners and experienced riders welcome.

30 01.01 > 31.12 **NOK 745**

Hov Lofoten, Tore Hjortsvei 471, Gimsøysand (+47) 97 55 95 01



G8

@ info@hovlofoten.no
www.hovlofoten.no





61222 © PER THOMAS GOVETSEIN

HIKING

NORDIC WALKING IN LOFOTEN

Guided "Nordic Walking" trips for those who want easy wilderness hiking: sea, hidden inlets and mountains. We organise trips throughout the year, and Northern Lights trips from September to March.

30 03.01 > 31.12  **NOK** 790/650

 **ArcticForLife**  Torget, Svolvær (+47) 48 68 93 25  contact@arcticforlife.com  www.arcticforlife.com







J8

ATTRACTIONS

DAGFINN BAKKE GALLERY, SVOLVÆR

Graphic art, watercolours and sculptures from one of the most famous artists of the 1940s. Books, art postcards, catalogues. Framing available. Close to the Hurtigruten quay.

30 01.01 > 31.12  **NOK** 0

 **Galleri Dagfinn Bakke**, Richard Withs  gate 4, Svolvær (+47) 99 59 69 49  einbakk2@online.no  www.dagfinnbakke.no







J8

MAGIC ICE BAR

Renowned ice artists created this year's exhibition for all ages. Explore Northern Norway's coastal history through crystal clear ice against a backdrop of snow and music. Includes one drink served in ice glass.

30 01.01 > 31.12  **NOK** 195/110

 **Magic Ice**  36 Fiskergata, Svolvær (+47) 45 41 85 35  magic@magic-ice.no  www.magicice.no







J8

NORTHERN NORWEGIAN ARTISTS' CENTRE (NNKS)

Art gallery with changing exhibitions and an art shop selling unique works created by painters and craftsmen, mainly from Northern Norway. Open all year round.

30 01.01 > 31.12  **NOK** 0

 **Nordnorsk Kunstnersenter**  Torget 20, Svolvær (+47) 40 08 95 95  post@nnks.no  www.nnks.no







J8

LOFOTEN WAR MUSEUM

An intimate and enthralling museum, with one of the world's largest collections of uniforms and rare artefacts from World War II. Open day/evening in summer, evening in winter, or by arrangement.

30 01.01 > 31.12  **NOK** 100/30

 **Lofoten Krigsminnemuseum**  Fiskergata 3, Svolvær (+47) 91 73 03 28  lofoten.krigsminnemuseum@museumnord.no  www.museumnord.no/krigsminnemuseum





J8

SIGHTSEEING IN LOFOTEN

Join us on guided sightseeing tours, Northern Lights tours with photography guide or pleasant Midnight Sun tours. More information and online booking on our website.

30 01.01 > 31.12  **NOK** 750

 **Arctic Buss Lofoten**, Våganveien 132,  Kabelvåg (+47) 92 69 90 60  post@arcticbuss.no  www.arcticbuss.no







J9

LOFOTEN AQUARIUM – SKREI EXPERIENCE CENTRE

Experience our underwater world of fish and marine life. Exhibition about fishing and aquaculture. Film. Café. Family-friendly.

30 01.02 > 30.11  **NOK** 130/70


 **Lofotakvariet - SKREI Opplevelsessenter**  Storvågan, Kabelvåg (+47) 76 07 86 65  lofotakvariet@museumnord.no  www.museumnord.no/lofotakvariet



J9

ESPOLIN GALLERY, STORVÅGAN

The country's biggest collection of painter Kaare Espolin Johnson's work. Two permanent exhibition rooms, plus one for changing exhibitions. Combined Storvågan ticket: NOK 220.

30 02.01 > 14.12  **NOK** 90/70/40

 **Galleri Espolin**, Storvåganveien 22,  Kabelvåg (+47) 76 07 84 05  galleri-espolin@museumnord.no  www.museumnord.no







J9

61246 © GALLERI ESPOLIN

LOFOTEN MUSEUM

Authentic 19th-century setting, with the former village owner's residence, robu cabins, general store, boathouse, garden, boats. Exhibitions about Lofoten fishing, medieval Vågar and harbour development.

30 02.01 > 14.12  **NOK** 90/40

 **Lofotmuseet**  Storvågan, Kabelvåg (+47) 76 06 97 90  lofotmuseet@museumnord.no  www.museumnord.no/lofotmuseet







J9

61216 © LOFOTMUSEET

ENGELSKMANNSBRYGGA

Welcome to a modern arts and crafts centre on a traditional wharf. Watch ceramic artists and glass blowers at work. Visit our gallery displaying crafts from our workshops.

30 12.01 > 21.12  **NOK** 0

 **Engelskmannsbrygga**, Dreyersgate 1,  Henningsvær (+47) 48 12 98 70  post@ceciliehaaland.no  www.engelskmannsbrygga.no








J8

78049 ©

GALLERI LOFOTENS HUS

Described as Northern Norway's answer to the National Gallery, you can gain an insight into unique paintings and an understanding of how important cod was to the shaping of Norway as a nation.

30 01.02 > 30.09  **NOK** 130/95/50

 **Galleri Lofotens Hus**, Misværveien 18,  Henningsvær (+47) 91 59 50 83  post@galleri-lofoten.no  www.galleri-lofoten.no







110

61230 © GALLERI LOFOTENS HUS

LOFOTEN FISHERIES FILM

Black & white film about the Lofoten fisheries shown at Lofoten Arctic Hotel - Skata. Lasts 15 minutes. Excellent fishing from our quay. Suitable for all ages. Groups on request all year round.

30 01.01 > 30.12  **NOK** 50/25

 **Lofoten Arctic Hotel - Skata**  Sauøya 2, Henningsvær (+47) 76 07 07 77  booking@lofotenarctichotel.no  www.lofotenarctichotel.no








110

61231 ©

KAVIARFACTORY ART CENTRE

Internationally renowned contemporary art in an old caviar factory. Large museum shop selling exclusive goods. Current exhibition is Painting | Or | Not. See website for the latest information.

30 01.01 > 31.12  **NOK** 100/40

 **KaviarFactory**, Henningsværveien 13,  Henningsvær (+47) 90 73 47 43  contact@kaviarfactory.com  www.kaviarfactory.com






110

61222 © JOHN STENESEN

VIDARS LYSE VERDEN GALLERY

Northern Lights and photographic gallery selling/displaying images by nature photographer Vidar Lysvold. Black-box with photographs of the Northern Lights gives you a feeling of standing beneath the Lights.

30 01.01 > 31.12  **NOK** 0

 **Vidars Lyse Verden**, Dreyers gate 54,  Henningsvær (+47) 95 90 03 91  lysvoid@yahoo.no  www.facebook.com/VidarsLyseVerden



J8

61355 © VIDAR LYSVOLD



@lofoteninfo

Tag your photos with #lofoteninfo



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www.museumnord.no/krigsminnemuseum



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Scandic Svolvær is centrally located on its own island in the middle of the harbour in Svolvær.

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Baugen Restaurant & Bar serves dishes based on local ingredients. The hotel's restaurant and bar are located in a boat-shaped building with a panoramic view of the harbour in Svolvær and the majestic surroundings. While you are enjoying a wonderful meal or drink, the Hurtigruten sails towards you.

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LEKNES, ALSTAD AND BALLSTAD

Nestled between green meadows and mountains lies Leknes, Vestvågøy's administrative centre. Leknes has a hotel, restaurants, shops, a pharmacy, bakery, workshops and more. The area around Leknes has plenty to attract walkers, surfers and paragliders. Ballstad is one of the biggest active fishing villages in Lofoten. Cod liver oil is still produced here and you can find the world's biggest mural and lots of 'rorbu' for your fisherman's cabin holiday.

MORTSUND, STAMSUND AND ROLVSFJORD

There are many places to visit along the southern side of the island. Mortsund and Stamsund are still busy fishing villages today. The Hurtigruten stops at Stamsund on its way north and south; there are 'rorbu' rentals and restaurants, a gallery, theatre and downhill ski slope. The fishing industry and contemporary theatre are important sources of jobs in Stamsund. Valbergveien is a recommended cycle route, with many beautiful beaches, walks and places to stay.

BORG, EGGUM, UNSTAD AND SAUPSTAD

The Lofotr Viking Museum is set among the fertile farmland of Borg, displaying findings from the archaeological excavations there. These findings show us how the Vikings lived 1000 years ago. Agriculture is an important industry for Vestvågøy, and this is reflected in the local food producers. Not far from Borg are not one but two farms that produce their own cheeses, herbs and sausages. See 'the Head' statue at Eggum, and climb an amazing fortress left over from the war. Join surfers from all over the world at Unstad on one of the best surfing beaches in Europe.

HIKING TRAILS

FROM UTAKLEIV - AROUND THE WALL, HAUKLAND AND OVER THE PASS BACK TO UTAKLEIV.

From Utakleiv, the walk follows a good road around "the wall" towards Haukland, with the sea on one side and steep mountainsides on the other. From Haukland, you can walk over the pass on the old road to Utakleiv or choose the easier walk through the tunnel. If you decide to go through the tunnel, remember to wear a reflective vest which you'll find in the mailboxes at both ends of the tunnel. The trail is marked and there are QR codes along the trail. These codes can be used to access videos and stories about the road and the local cultural history.

EGGUM

Start from the fortress at Eggum and follow the road, which eventually turns into a path, to the beacon. Particularly good views of the midnight sun here.

Return trip: 3 hours.

JUSTADTINDEN (738 m)

Long, fairly tough hike (607 m ascent) to one of Vestvågøy's highest peaks. Take the road at the north end of the car park at Hagskaret (131 m above sea level) and follow this to the radio mast, after which the path is clearly marked. Some boggy areas. Return trip: 6 hours.

You can buy hiking maps in tourist information centres or on the website www.lofoten.info

AT SEA

FISHING TRIP IN LOFOTEN WITH "IVERSEN JR"

Fishing trip from a 47-ft fishing boat. Daily 3-hour trips. Price includes basic fishing gear, lifejackets and any fish you catch. An unforgettable experience in the beautiful Lofoten Sea.

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 www.rorbuer.info




F13

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30 01.01 > 31.12  **NOK 1200**

Hemmingodden Lofoten Fishing Lodge
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 @ booking@hemmingodden.no
 www.hemmingodden.no



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30 01.01 > 31.12  **NOK 690**

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 @ booking@lofoten-diving.com
 www.lofoten-diving.com



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ATTRACTIONS

ART GALLERY – STAMSUND

Vebjørn Hagene and Scott Thoe run this gallery displaying Northern Norwegian and international art, plus exhibitions from the National Museum. Activities for children, lectures on request throughout the year.

30 22.03 > 30.09  **NOK 40/0**

Galleri 2, J.M. Johansens v 20, Stamsund (+47) 90 95 65 46
 @ vebjorg@online.no
 www.galleri2.no




E16

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30 01.01 > 31.12  **NOK 0**

Aalan gård
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 @ post@aalan.no
 www.aalan.no




G10

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30 01.01 > 31.12  **NOK 0**

Lofoten Gårdssystemer, Saupstadveien 235, Bøstad (+47) 95 08 29 58
 @ lofoten-gardsysteri@online.no
 www.lofoten-gardsysteri.no




E10

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TRAVEL BACK IN TIME

Reconstruction of the largest Viking house ever found. Exhibitions, crafts, film, meals the Viking way. Sail a Viking ship, archery, axe throwing: 15 June - 31 Aug. Family friendly!

30 02.01 > 22.12  **NOK 140/100**

Lofotr Vikingmuseum
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 @ vikingmuseet@lofotr.no
 www.lofotr.no




F10

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GAMLE SKOLA - PLAY PARK

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30 01.01 > 31.12  **NOK 75**

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 www.gamleskola.com



G9

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LIFE OF THE FISHERMEN-FARMERS

Genuine Lofoten history. Explore the farmhouse, bathhouse, quay and cowshed. Explore the interior; learn about the area's history since crofting times (1860-1930). Guide. Beautiful setting.

30 15.06 > 15.08  **NOK 50/25**

Skaftnes gård/Vestvågøy Museum
 Skaftnes, Sennesvik (+47) 76 15 40 00
 @ vikingmuseet@lofotr.no
 www.museumnord.no/skaftnes



G12

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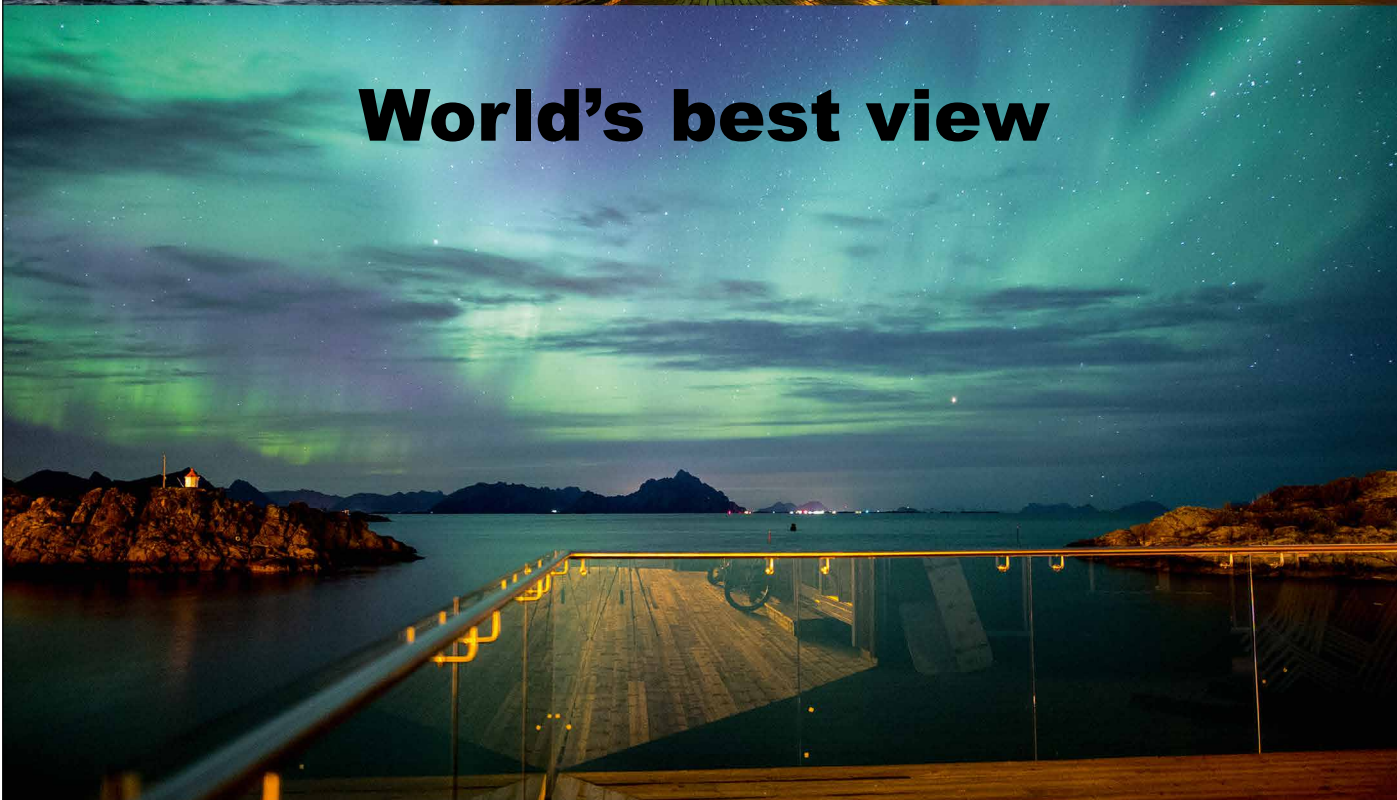
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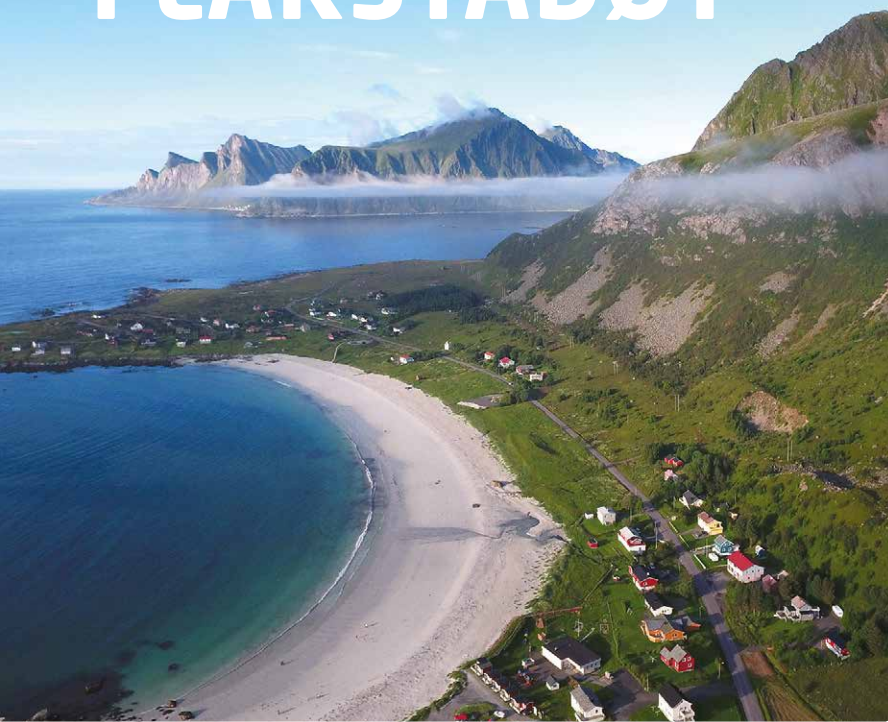
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FLAKSTADØY



© Henrik Jørgensen

Flakstad in West Lofoten consists of Flakstad island itself and the northern part of Moskenes island.

Most residents live in the five traditional fishing villages of Ramberg, Fredvang, Napp, Sund and Nusfjord.

The natural environment is perfect for a range of activities on land or water. There are many galleries, skilled craftsmen, museums, restaurants and accommodation options here. You can even take to the Lofoten waters on one of the local fishing boats.

The administrative centre is Ramberg, which boasts a library, warehouse, printing works, petrol station, boat workshop and car workshop.

Nusfjord, with its well-preserved buildings, is Flakstad's most famous fishing village. Just outside Ramberg is Flakstad Church – a beautiful timber church with a characteristic onion dome built around 1780.



Scandinavian Design and Tourist Information

8380 Ramberg - Tel: +47 913 20 903
E-mail: flakstadinfo@investfjord.no



[f steinbittenramberg](#) [i steinbitten_ramberg](#)

HIKING TRAILS

STORE NAPPSTIND Start by the car park at Nappskaret. Go through the gate and follow the ski drag up towards the foot of Lille Nappstind. Continue around this and turn to the right up through the valley. Turn left and cross the river at the top of the valley. Then follow the steep path up the hillside towards the ridge of Nappstind, which then flattens out towards the summit.

ANDOPEN From Napp, a charming old track leads you alongside Nappstraumen to Andopen. Return trip: 2 hours.


VOLANDSTIND Start by the youth centre in Skjelfjord and follow the path up towards the shelter. Then continue on the path up the hill. Follow the path across the river, then head north up the ridge and on across to the summit of Volandstind.


There are many wonderful mountain walks in Flakstad. The Outtt app offers many excellent tips for walks in the Flakstad area.

AT SEA

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30 01.01 > 31.12  **NOK** 299

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D13


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 jim-i-pe@online.no


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ATTRACTIONS

SUND FISHING MUSEUM / BLACKSMITH



Small, private museum in Sund, focusing on fishing and marine engines. Watch the blacksmith make his famous cormorants. Café and sale of the smithy's products. Facebook: Smeden i Sund

30 01.06 > 02.09  **NOK** 100/20

 **Sund Fiskerimuseum, Smeden i Sund**, Sundveien 118, Sund (+47) 91 37 17 18



E15

 tor-vegard@smedenisund.no
 www.smedenisund.no

61269 © TOR-VEGARD JØRKYVED



lofoten.info



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MOSKENESØY

© Hamnøy - Alex Conu

Moskenes municipality is located in the southern-most tip of the island of Moskenes and is the outermost municipality of those collectively referred to as the Lofoten mainland. The landscape, which was formed by glaciers and natural forces, is amongst the wildest and most interesting in Norway and features a large number of mountain tarns with fish. Amongst the most well-known villages here are: Hamnøy, Reine, Sørvågen and Å.

With a landscape characterised by steep mountains and a very narrow flat beach area between the sea and the mountains, villages are found on the eastern side of the island.

HIKING TRAILS

SØRVÅGVANNET The walk starts in Sørvågen. This is an easy walk around the lake with good views and benches. If you want, you can walk up to the shelter, or a little further up Studalen to the postbox, where there's a visitors' book for you to your name in. Approx. 1-hour round trip. From the walk's starting place, it is also possible to get to Munkebu/Munkan, or to Tindstinden.

BUNESSTRANDA From Reine, take the boat to Vindstad. Follow the road from Vindstad to the end of the fjord and across a small strip of land down to Bunesstranda. This incredible sandy beach is worth the effort! The whole trip, including the boat, takes about 4 hours. The boat can also drop you off in Forsfjord, from where you can walk to Hermandalstind, Munkebu and Sørvågen.

You can buy hiking maps in tourist information centres or on www.lofoten.info

Moskenesøya also therefore has many exciting natural experiences. If you come by sea, through the Moskstraumen - regarded as one of the world's strongest and most dangerous sea currents - you will arrive on the outer side of Lofoten, where you will find traces of old settlements. In Refsvika, for example, you will find Kollhellaren, a cave with paintings estimated to be around 3000 years old, where entry is only permitted with an authorised guide. Reine fjord can be found on the other side and from here you can take a local boat from into one of Norway's most beautiful fjord areas, where you can disembark and go for nice walks. The highest mountain in West-Lofoten is Hermandalstind stands at 1029 m (3376 ft).

ATTRACTIONS & ACTIVITIES

FISHING VILLAGE MUSEUM

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D17

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 www.museumnord.no/fiskevarsmuseum

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D17

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 www.museumnord.no/fiskevarsmuseum

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OPENING HOURS:

June-august: daily 09:00-19:00

Off-season: monday-friday 10:00-17:00

Admission: 100/75/50 (NOK)

Children (0-11): free


NORWEGIAN FISHING VILLAGE MUSEUM

Å i Lofoten, N-8392 Sørvågen

Tel. +47 76 09 14 88

www.museumnord.no/fiskevarsmuseum



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home-made cakes. The Museum Café also sells bread
from the bakery in Å.*

Seasonal openings, for the opening hours see www.museumnord.no/fiskevarsmuseum





RØST

© Anders Rolandsen, Røst Kommune

Outermost in the Lofoten archipelago, about 100 km to the west of Bodø and 115 km north of the Arctic Circle, we find the 365 islands, isles and skerries of Røst. The largest of them, its highest point barely 11 m above sea level, is Røstlandet.

Further south, the islands of Storfjellet, Vedøya, Trenyken and Hærnyken loom out of the water like giant monuments. Trenyken is the best known, with its 5000 year old cave paintings and three defiantly towering peaks. The cliffs south of Røstlandet are home to one of Europe's biggest sea bird colonies.

And at the very edge of it all is Skomvær Lighthouse, Norway's most fabled, weather-lashed lighthouse. The entire population of the municipality lives on Røstlandet and a few lesser islands linked by roads and bridges. The local council offices, church, schools, kindergarten, shop and post office, restaurants, hotels, airport, and fish processing facilities are also here.

Røst has inspired many famous artists, including Theodor Kittelsen K. Espolin Johnsen and Luciano Fabro, contributor to Artscape Nordland. Planes and ferries depart several times a day during the summer to Røst.

AT SEA

BIRDWATCHING ON RØST, LOFOTEN

A unique and unforgettable way to experience nature on Røst. Let us guide the excursion as we explore Røst from the sea. Daily departures.

30 01.05 > 30.08

NOK 600/300

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gcharles@online.no

www.lofottur.com



B24

61272 © ERIK JOHANSEN

HIKING TRAILS

STEINKIRKA

The Yellow Trail is the shortest, about 0.5 km long, leading to the ruins of the 1835 stone church, consecrated in 1839 by Bishop Kierschow. It should have held 110 people, but only had 78 seats. The later chancel and sacristy were consecrated in 1883. More information can be found on the board nearby.

ÅNNHAMMEREN

About 1.5 km long, the Blue Trail leads to Ånnhammeren. Though only 10 metres high, Ånnhammeren is a natural landmark and viewpoint on the island. There is no evidence to suggest that this was a place for spirits ("ånder"), the name probably coming from the Norwegian "ørn" (eagle). There used to be eagles' nests here, and it is still an overwhelming sight to see flocks of eagles circling the crag. The trail leads through a sheltered but flat and open area of bogs and shallow ponds. The vegetation is extremely diverse because of the huge variations in salinity.

You can buy hiking maps in tourist information centres or on the website www.lofoten.info

DID YOU KNOW...

You turn cod into stockfish by hanging it on racks from February to May?

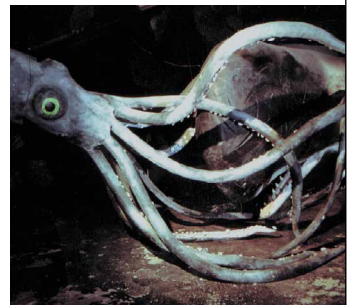


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whalesafari.no



DESIGN: GOD STREK. PHOTO: DANIELE ZANONI, T. LUNDOVIST AND SVEIN T. K. ELIASSEN

PRACTICAL INFORMATION

EMERGENCY TELEPHONE NUMBERS

Fire: 110 - Police 112 - Ambulance 113

PUBLIC TRANSPORT INFORMATION FOR NORDLAND

Telephone: 177

Public transport information online: www.177nordland.no

ROADS AND TRAFFIC

Dial **175** at any time for information about mountain passes, distances, and road and traffic conditions.

CURRENCY

It's best to change foreign currency into NOK before your trip. Payment cards are widely used in Norway, and most shops accept credit cards such as American Express, Diners Club, Eurocard, Visa and MasterCard. Foreign debit cards are not widely accepted; we recommend you use an ATM to withdraw Norwegian currency instead.

CHARGING POINT LOCATIONS

Svolvær: Kiwi in Osan, Amfi kjøpesenter

Leknes: Circle K

CHEMICAL TOILET DISPOSAL POINTS FOR CAMPER VANS/TOUR BUSES

Vågan: Sandsletta camping, Sandvika Camping, Ørsvågvær, Lofoten turist- og rorbuserter, Ørsvågvær, Kabelvåg Feriehus og Camping, Møllnosen, Lyngvær bobilcamp

Vestvågøy: Esso servicestasjon, Leknes, Hagskaret picnic (15 May - 1 Oct)

Moskenes: Municipal, Reine outer harbour. Moskenes Camping for guests.

Værøy: Municipal, on the north side of Værøy

VISITORS' MOORINGS IN LOFOTEN

We have a number of visitors' moorings in Lofoten, many of which are detailed in www.havneguiden.no. See page 50 for a full overview.

SHOP OPENING TIMES/FOOD

The shops are normally open daily except Sunday from 10:00 to 17:00 (Thursday until 18:00). The shopping centre has extended opening hours. In larger towns, grocery stores are open on Sundays.



Photo: Louise Berglund

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Thank you for using our facilities, and keep Lofoten clean from litter!

Dear guest!

When you travel in Lofoten, you will need to find somewhere to get rid of your rubbish, empty the toilet and/or find a public toilet.

On www.cleanuplofoten/map you can find an online map that shows you where the nearest location is. Click on the icons to get information on opening hours and contact information for those responsible for the service. If you stay at a commercial overnight dwelling, these facilities are usually included.



If you stay in a private holiday home or fisherman's hut (rorbu), the landlord will provide facilities for waste disposal. If this has not been done, you can buy yellow sacks for residual waste in some grocery stores or at the environmental station. These are then placed by the main road and are collected by the waste collection vehicle. You can read more about this service on www.las-lofoten.no



Clearing marine waste along our coastline

The world is facing the huge challenge of clearing plastic and other rubbish from the sea. Lofoten also experiences this, as marine waste is washed onto the land along the beaches and coastline. Every year the sanitation company arranges a clean-up, where volunteers can contribute by picking up waste.

If you would like to clean up **marine waste** from our beaches, it is important that you dispose of the cleared waste responsibly, either by ensuring that it is collected, or by putting it in a waste bin. Don't put all the cleared waste into a heap and just leave it there, it's better to just leave it where it is until someone else comes. Please register with us first if you would like to help.

You can read more about our voluntary clean-up and other activities on www.cleanuplofoten.no

Thank you for helping to keep Lofoten clean!



Lofoten Avfallsselskap IKS
(the local waste management company)
phone: +47 76 05 40 30
post@las-lofoten.no
www.las-lofoten.no



www.cleanuplofoten.no



© Thon Hotel Lofoten



© Svinøya - Trym Ivar Bergsmo


WHERE TO STAY

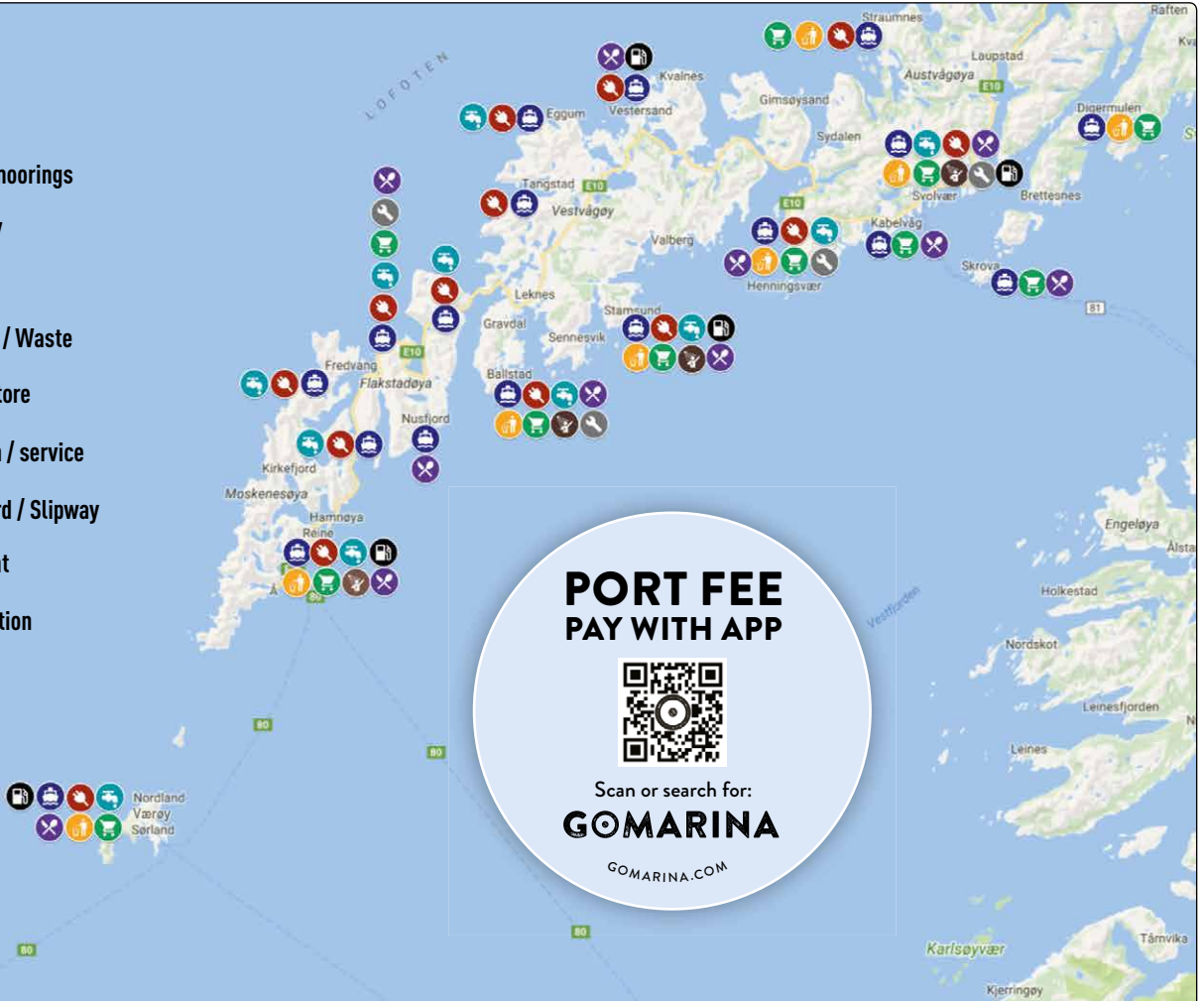
Lofoten offers a full range of accommodation, but the most characteristic is the 'rorbu' fisherman's cottage. There are now plenty of hotels, each with its own character, ranging from 190-room conference hotels to cosy 20-room family-run hotels. Lofoten also has cabins, seahouses, hostels and campsites, and you can find them all on www.lofoten.info.

See page 2 for the symbols key.

ACCOMMODATION		<small> HOTELS MOTEL/GUEST HOUSE CAMPSITE HOLIDAY HOMES/CABINS RORBU / CABINS/SEAHOUSES APARTMENT HOSTELS MOUNTAIN LODGE LAVVU – SAMI TENT LIGHTHOUSE ICE HOTEL FARM HOUSE PRIVATE HOLIDAY ALCOHOL TOILET/BATHROOM FOOD SERVED WHEELCHAIR FRIENDLY ALLERGY FRIENDLY ELECTRICITY HOOK-UP TOILET EMPTYING POINT VISITORS' MOORINGS SAUNA/HOT TUB WIRELESS INTERNET CONFERENCE ROOM SWIMMING BOAT HIRE BICYCLE HIRE ACTIVITIES AVAILABLE DOGS PERMITTED </small>												CAPACITY	SEASON	PRICE
M6	Risvær Brygge Risvær, Digermulen (+47) 93 21 25 50 post@risvaerbrygger.no www.risvaerbrygger.no	•••••	25	18	35	01.01-23.12										
J8	Lofoten Rorbuer Jektveien 10, Svolvær (+47) 91 59 54 50 post@lofoten-rorbuer.no www.lofoten-rorbuer.no	•••••	20	16	42	01.01-31.12										
J8	Lofoten Feriesenter Leirskoleveien, Svolvær (+47) 76 07 21 64 post@lofoten-feriesenter.no www.lofoten-feriesenter.no	•••••	40	18	74	01.01-31.12										
J8	Fast Hotel Lofoten Austnesfjordgata 12, Svolvær (+47) 94 89 48 06 booking@fasthotels.no www.fasthotels.no	•••••	-	25	45	01.01-31.12										
J8	Fast Hotel Svolvær Sjøgata 2, Svolvær (+47) 94 89 48 06 booking@fasthotels.no www.fasthotels.no	•••••	-	49	49	01.01-31.12										
J8	Svinøya Rorbuer Gunnar Bergs vei 2, Svolvær (+47) 76 06 99 30 post@svinoya.no www.svinoya.no	•••••	150	50	200	01.01-31.12										
J8	Anker Brygge AS Lamholmen, Svolvær (+47) 76 06 64 80 booking@anker-brygge.no www.anker-brygge.no	•••••	100	52	106	01.01-18.12										
J8	Scandic Svolvær Lamholmen, Svolvær (+47) 76 07 22 22 svolvaer@scandichotels.com www.scandichotels.com/svolvaer	•••••	120	146	280	01.01-31.12										
J8	Lofoten Suitehotel Torget 21, Svolvær (+47) 47 67 01 00 post@lofoten-suitehotel.no www.lofoten-suitehotel.no	•••••	70	27	54	01.01-31.12										
J8	Thon Hotel Lofoten Torvet, Svolvær (+47) 76 04 90 00 lofoten.resepsjon@olavthon.no www.thonhotels.no/Lofoten	•••••	550	190	382	01.01-31.12										
J8	Svolvær Havn Rorbuanlegg Vesterøyveien 23, Svolvær (+47) 94 89 48 06 booking@bjorback.no www.svolvaerhavn.no	•••••	-	6	48	01.01-31.12										
J8	Vestfjord Hotell Lofoten Fiskergata 46, Svolvær (+47) 76 07 08 70 service@vestfjordhotell.no www.vestfjordhotell.no	•••••	100	63	130	01.01-16.12										
J9	Lofoten Vandrerhjem Kabelvåg Finnesveien 24, Kabelvåg (+47) 76 06 98 80 post@lofoten.fhs.no www.lofotensommerhotell.no	•••••	100	55	102	01.06-12.08										
J9	Lofoten Sommerhotell Finnesveien 24, Kabelvåg (+47) 76 06 98 80 post@lofoten.fhs.no www.lofotensommerhotell.no	•••••	100	18	40	01.06-12.08										
J9	Lofotferie - Tyskhella Rorbuer Sjøgata 24/25, Kabelvåg (+47) 76 07 45 00 post@lofotferie.no www.lofotferie.no	•••••	-	12	44	01.01-31.12										

SYMBOLS

-  Visitors' moorings
-  Electricity
-  Water
-  Recycling / Waste
-  Grocery store
-  Sanitation / service
-  Repair yard / Slipway
-  Restaurant
-  Petrol station



**PORT FEE
PAY WITH APP**



Scan or search for:
GOMARINA

GOMARINA.COM



Svolvær

Ballstad - Foto: Sigfus Kristmannson

Ramberg - Foto: Linda Karlisen

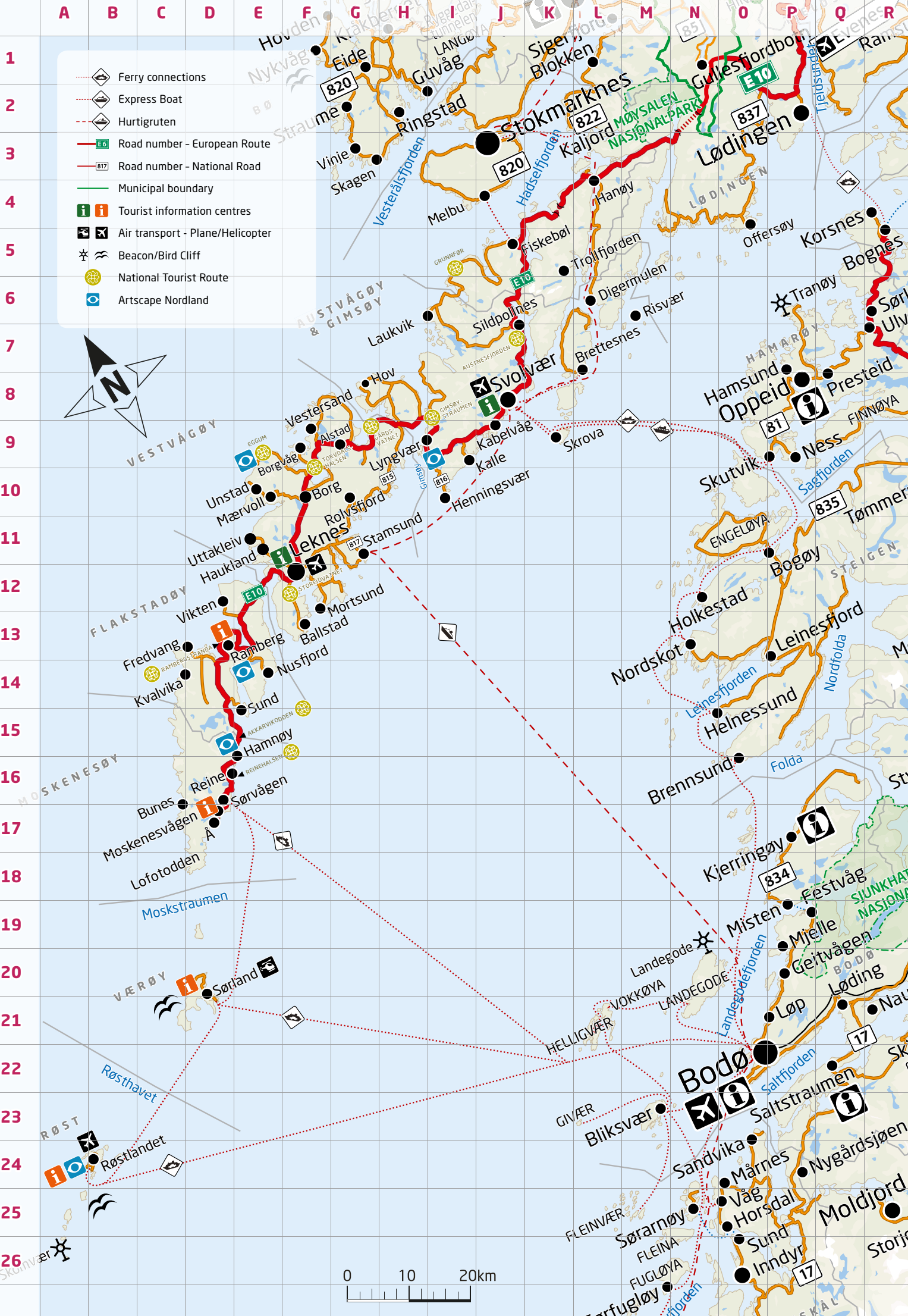
Reine indre havn - Foto: Ninette Johansen

Værøy - Foto: Erling Skarv Johansen

Rest

VISITORS' MOORINGS IN LOFOTEN

- | | | |
|---|--|--|
| <p>VÅGAN:
Svolvær:</p> <p>Kabelvåg:
Henningsvær:</p> <p>Skrova:
Digermulen:
Laukvik (Straumnes):</p> <p>VESTVÅGØY:
Vestresand:
Eggum:
Tangstad:
Stamsund:</p> <p>Ballstad:
Hjellskjæret (Ballstad):</p> | <p>www.vaganhavn.no
Electricity, water, recycling, grocery store, building services, repair yard, petrol station, restaurant</p> <p>Grocery store, restaurant
Electricity, water, recycling, grocery store, repair yard, restaurant
Grocery store, restaurant
Recycling, grocery store
Electricity, recycling, grocery store</p> <p>www.lofoten.havn.no
Electricity, petrol station, restaurant
Electricity, water
Electricity
Electricity, water, recycling, grocery store, building service, petrol station, restaurant
Electricity, water, recycling, grocery store, building services, repair yard, restaurant
Grocery store, repair yard, restaurant</p> | <p>FLAKSTAD: www.lofoten.havn.no
Napp: Electricity, water
Ramberg: Electricity, water, grocery store, repair yard, restaurant
Fredvang: Electricity, water
Sund: Electricity, water
Nusfjord: Restaurant</p> <p>MOSKENES: www.moskenes.kommune.no
Reine, inner harbour: Electricity, water, recycling, grocery store, toilet, petrol station, restaurant
Reine, outer harbour: (ISPS harbour) Electricity, water, recycling, grocery store, toilet, petrol station, restaurant</p> <p>VÆRØY: www.varoy.kommune.no
Sørland: Electricity, water, recycling, grocery store, restaurant, petrol station/bunker</p> <p>RØST: www.rost.kommune.no
Røst: Electricity, water, recycling, grocery store, restaurant</p> |
|---|--|--|



- 1 Ferry connections
- 2 Express Boat
- 3 Hurtigruten
- 4 Road number - European Route
- 5 Road number - National Road
- 6 Municipal boundary
- 7 Tourist information centres
- 8 Air transport - Plane/Helicopter
- 9 Beacon/Bird Cliff
- 10 National Tourist Route
- 11 Artscape Nordland

